



4 December 2009

Compass Sport Cup 2010

This annual competition is the main inter-club competition for all British orienteering clubs. The competition is held in two stages – regional qualifying rounds in spring followed by a final in the autumn. As British orienteering clubs vary quite substantially in size, the competition splits clubs into two groups based on their membership the previous summer. BKO has enough members to join the competition for large clubs – the ‘Compass Sport Cup’. Small clubs compete for the ‘Compass Sport Trophy’. Unfortunately, as we are really quite a small ‘large club’, our performances in the competition have not been good and we do not often make the final – but with a good turnout 2010 could be our year!

The first round will be on the **Sunday 24th January** and the venue for BKO is **Godshill and Hampton Ridge** in the New Forest – Hampton Ridge was the venue for the British Championships last February. In January we will be competing against the following clubs for the South Central and South West regions:

- Cup: BKO, BOK, DEVON, SOC, TVOC
- Trophy: BADO, KERNO, N Wilts OC, QO, SARUM, WIM, WSX.

Successful clubs will compete in the final which is expected to be on **Burbage Moor**, near Sheffield on the **17th October**.

Event Details

Location: Godshill & Hampton Ridge in the New Forest

Grid Reference: SU170145

Event Centre: The event centre and parking will be at Sandy Balls Holiday Centre <http://www.sandy-balls.co.uk> (Grid Ref SU169145).

Courses (lengths/climb not yet known):

- 1) Brown Men Open;
- 2) Blue Women Women Open;
- 3) Blue Men M45+ M20;
- 4) Green Women W45+ W20;
- 5) Green Men M60+;
- 6) Short Green Veterans M75+ W60+;
- 7) Light Green Juniors Men/Women 18;
- 8) Orange Men/Women 14;

There will also be White & Yellow for non-competitive runners

Cost: £6.00 Seniors, £3.00 Juniors

Start Times: Currently 10.30-12.30 but may be extended to 13.00. BKO has been allocated set times within this.

Further details: These can be found on the Southampton OC website at:
<http://www.southampton-orienteers.org.uk/event/2010/01/24/compass-sport-cup-trophy-qualifying-round>

Entries

Entries on the day are only permitted for the non-competitive white and yellow courses. I will be co-ordinating all pre-entries for the other courses so require all club members wishing to run to contact me by Monday 11th January. Please provide the following details:

BOF Number

Forename

Surname

Age Group (for 2010) [or date of birth if you are not sure of age group]

Course [To be competitive, you must run your designated age group course or a longer one ('Running Up'). Please indicate if you would prefer to run up or be willing to if it might benefit the club (e.g. we are usually short of runners on the Brown course but may have excess on the Blue Men – the club would probably therefore score more if an M45 or M50 would be willing to tackle the Brown course). Women can 'run up' on a men's course but unfortunately no one can 'run down' and still be competitive!]

Preferred start time [e.g. 'Early' (10.30-11.15); 'Middle' (11.15 – 12.00) or 'Late' (12.00-13.00)]

Emit Card number [If you do not have one, one will be issued to you for the event at £1.00 for seniors but free for juniors]

Other Useful Information or Comments

Telephone Number [I will try to coordinate entries by e-mail but it may be necessary to contact you to discuss something so a number could be useful].

Do not send any money now – I will sort out collecting the fees nearer the time, at the event or at our Concorde Chase the following week.

Rules

Only National BOF Members and Local BOF Members can compete competitively. Other local members can run but will not be eligible for scoring points. There are certain restrictions on people who change clubs during a year – you are for example only allowed to run for one club in the heats and finals. A full set of rules is available if anyone wishes to see them.

David Jukes
BKO Secretary

Contact details:

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