



**CLUB
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Orienteering is a challenging outdoor adventure sport enjoyed by people of all ages, abilities and backgrounds.



Orienteering

Parks Challenge 2010 - Event 3

Saturday 19 June 2010

Dinton Pastures Country Park

Berkshire Orienteers invite you to our new **Parks Challenge 2010**, a series of 4 events staged in and around parks close to the communities of Wokingham and Reading. Whether you are a runner or a walker, why not take this chance to try the sport!

Where?

Dinton Pastures Country Park,
Winnersh.

How do I get there?

We are using the Fisherman's Car Park. Enter the country park from the B3030 Winnersh to Hurst road and turn immediately left. Follow the track to the car park (low cost pay and display). Grid Reference: SU779718

When?

Registration for the event is from 10.00 on the day with starts from 10.30-11.30. Courses close at 13.00.

What courses are there?

5 courses are available:

- **'White'**: For the novice and young junior (about 2km/1 mile).
- **'Yellow'**: For the novice and junior wanting a longer challenge (about 2.5km/1.5 miles).
- **'Orange'/The Junior Challenge**: For a junior or a novice adult wanting a longer course (about 3km/2miles).
- **'Light Green'**: A course designed for experienced juniors and adults (about 4km/2.5 miles)
- **The Senior Challenge**: A 'score' event in which you try to visit as many controls as possible in 60 minutes. (about 6km/4.5 miles to reach all the controls).

What age restrictions are there?

As none of the courses cross any roads, juniors can attempt any course. However, unless they are experienced older juniors or accompanied, we recommend that they only consider entering the 'White', 'Yellow' or 'Orange' courses.

What map is used?

Berkshire Orienteers have had a map of the Country Park for many years. This is regularly updated to reflect changes in the park. Scale is 1:10000.

What is the area like?

The Park consists of a series of lakes of varying sizes with a network of generally flat paths linking them together. The River Loddon flows through the Park and the longer courses will cross the river (using

the footbridge) to include the rough pastures and small wooded areas on the Western edge of the park.

What do I need?

No special clothing or equipment is needed - just suitable outdoor clothes or running gear. The park paths are expected to be mostly dry so ordinary trainers would be the best shoes if you are planning to run a course. A compass may be useful.

How much will it cost?

£3.00 or £1.00 for Juniors

Questions? If you have any more specific questions, phone David Jukes on 0118 969 2514 (*evening/weekend only please*).

For more details on the **Parks Challenge 2010** and other events organised by **Berkshire Orienteers (BKO)**, see the web site at:

<http://www.bko.org.uk/>