



Orienteering is a challenging outdoor adventure sport enjoyed by people of all ages, abilities and backgrounds.



# Orienteering



**Parks Challenge 2010 - Event 4**

**Saturday 3 July 2010**

**Ashenbury Park and Woodley Airfield Estate**

Berkshire Orienteers invite you to our new **Parks Challenge 2010**, a series of 4 events staged in and around parks close to the communities of Wokingham and Reading. Whether you are a runner or a walker, why not take this chance to try the sport!

## Where?

East Woodley including Ashenbury Park and the Woodley Airfield Estate.

## How do I get there?

We are using the main Ashenbury Park car park - the entrance is at the junction of Tippings Lane and Waingels Road, close to Waingels College. Grid Reference: SU773741

## When?

Registration for the event is from 10.00 on the day with starts from 10.30-11.30. Courses close at 13.00.

## What courses are there?

5 courses are available:

- **'White'**: For the novice and young junior (about 1.5 km/1 mile).
- **'Yellow'**: For the novice and junior wanting a longer challenge (about 2.5km/1.5 miles).

## • 'Light Green'/The Junior Challenge:

For the experienced junior or a novice adult wanting a tougher challenge (about 3.5km/2miles).

## • Short Senior Course:

A longer adult novice course which will include some estate road crossings (about 4.5km/3 miles)

## • The Senior Challenge:

A course designed to get the best orienteering out of the area. Also for adults as a large part of the course criss-crosses the Woodley Airfield Estate (about 6.5 km/4.5 miles).

## What age restrictions are there?

As the longer courses include unmanned road crossings, unaccompanied juniors (under 18) will only be permitted to enter the 'White', 'Yellow' and 'Light Green' courses

## What map is used?

A special new orienteering map of the area has been surveyed and drawn during the start of 2010. Scale is 1:5000

## What is the area like?

The three junior courses only use Ashenbury Park. This is mainly rough grass but with small areas of woodland and a larger area of wood on either side of a stream. The two longest courses will also use the urban estate which includes complex paths and alleys linking small open areas.

## What do I need?

No special clothing or equipment is needed - just suitable outdoor clothes or running gear. The park paths are expected to be mostly dry so ordinary trainers would be the best shoes if you are planning to run a course. A compass may be useful.

## How much will it cost?

£3.00 or £1.00 for Juniors

**Questions?** If you have any more specific questions, phone David Jukes on 0118 969 2514 (*evening/ weekend only please*).

For more details on the **Parks Challenge 2010** and other events organised by **Berkshire Orienteers (BKO)**, see the web site at:

<http://www.bko.org.uk/>

