

Berkshire Orienteers



Newsletter

May 2004



The Saturday morning fixtures finished on a high note with an event in a new area at Rushall Farm near Standford Dingley. The picture shows Denise Harper(BKO) on the right with landowner Annie Fitzwilliam in the centre. Annie is keen to open her land to public access - but not during the shooting season! Farmer Andrew Webber is unusual as he is an orienteering farmer. On this Saturday he introduced his brother to the delights of orienteering when they did the light-green course. We are grateful to Denise and Andrew who negotiated with other local landowners and shoot owners to get permission for the area to be mapped. Nick Nourse of the Map Works completed an excellent map and lottery money in the form of an **Awards for All Grant** helped pay for it. The above picture shows Denise Harper presenting framed maps of the area to Andrew and Annie. The last Saturday event finished in glorious weather and attracted 98 runners. Many thanks to Denise and her helpers who have put our Saturday events on the map!!! A terrific start!

Berkshire Orienteers Officials

Chairman: Dave Stubbs, Telephone 0118-978-2132 e-mail: katy@stubbsk.fsbusiness.co.uk

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BKO E-mail Group

Please note there is a very useful BKO members e-mail group. To join the group you have to ask to subscribe to the group by e-mail to bko-mailing-list@bko.org.uk. Any message to this one address goes automatically to all current members of that group. You can leave the group by sending a message to that address that you wish to unsubscribe.

Some BKO Committee Notes

1. The purchase of Emit equipment was discussed. When Reg Parker has closed the present 'Awards for All' grant account another grant, for purchase of Emit equipment, will be applied for. Dave Stubbs will look at present prices as they may have risen

2. In the absence of Alan Yeadon, who is proposing changes to fees, it was decided to make this an agenda item at the next Committee meeting.

3. **British Nights Championships 4th February 2006** - likely to be held on Hawley

Event 5th February 2006 - suitability of Hermitage/Bucklebury for a National Event still needs checking.

4. **26th September 2004 Burghfield** - Dave Stubbs to plan. There are plenty of maps.

Concorde Chase 2005 Lower Star Posts - 23rd January is the preferred date for English Nature. The event would be out of bounds to BAOC orienteers who would be competing in the BAOC Elite Short and Middle Distance Championships to be held on the area April 2005. BAOC are to resurvey the area Planner is needed, Dave to ask Liz to arrange.

Chairman's Chat

Firstly to introduce myself to those who do not know me, I am Dave Stubbs and can be found at events these days in a blue Ford Explorer 4x4. Katy and I have been orienteering since the beginning of the 70's and still believe it is an excellent sport for all. However, as you can see from recent newsletters we need new blood both in the running of the committee and in putting on the events for all of you and the new participants we are seeing from the West Berks schools. Please come up and introduce yourself if we haven't met, as it is difficult to spot and meet new members unless you wear the club kit.

On the topic of West Berkshire schools we should all thank Denise Harper, Reg and Anne Parker and the many other helpers for running the series of Saturday events through the winter and spring targeting the West Berkshire area for schools and youth groups. This culminated in a very successful event at Rushall Woods on Saturday 24th April in glorious sunshine with 100 participants. Well done.

To expand on this success, the BKO committee have agreed to submit another grant request to the "Awards for All" programme, this time for Emit electronic equipment to be used specifically at a further series of events for these schools and youth groups. However, we will be looking to expand the series to other parts of Berkshire and these events are ideal for you to learn what is involved in organising, planning or just helping at events. Please come forward and offer to help – you will get full support from those who have done it before.

My last point for this newsletter is just to let the membership know that the club is fully involved at the upper levels of events as well as the grass roots. As well as the recent major involvement in the 2003 JK, BKO have since agreed to host a Middle distance event in Bloom Wood in March 2005, associated with TVOC's National Event, and a major weekend in February 2006 where we will host the British Night Orienteering Championships on the Saturday night followed by a National Event on the Sunday. A good opportunity to participate (as well as help) in high quality events close to home.

Good orienteering.

Dave Stubbs

BOF Ranking List for Members of BKO in class order - April 2004

Class	pos	Name	points	events	Class	pos	Name	points	events
M21L	76	Chris Moseley	6100	14	M21S	36	Neil Frankum(M35)	6553	6
M21S	159	Paul Lindfield	2109	2	M21S	229	Trevor Day(M35)	662	1
M35S	46	Pete Inness	5428	8	M35S	49	Keith Ellis(M40)	5168	5
M35S	51	Neil Frankum	4784	4	M40L	149	Stuart Green(M45)	3145	4
M40L	234	Erik Andersson	1001	1	M40L	252	Roger Hill	826	1
M40L	258	Ray Johnstone(M50)	790	1	M40S	12	Simon Moore	7312	9
M40S	28	Erik Andersson	6679	6	M40S	87	Keith Ellis	4321	4
M40S	108	Brian Burt	2600	3	M40S	130	Andrew Townsend(M50)	2135	4
M40S	145	Patrick Fishwick	1776	2	M40S	175	Peter Entwistle(M50)	947	1
M40S	189	Nigel Jefferies	870	1	M45L	171	Mark Horner	4545	5
M45L	174	Stuart Green	4462	5	M45L	180	Chris Speed	4269	5
M45L	241	Dave Harmer	2409	3	M45L	319	Richard Rae(M55)	940	1
M45S	23	Dave Stubbs	6837	16	M45S	44	David Rogers	6342	19
M45S	139	Mark Horner	2506	2	M50L	52	Stefan Stasiuk	6872	20
M50L	116	Alan Springett	6261	37	M50L	124	Nigel Hoult	6068	13
M50L	184	Peter Entwistle	4839	5	M50L	210	Ray Johnstone	3877	4
M50L	223	Jonathan Holmes	3412	4	M50L	333	Alain Wilkes(M55)	932	1
M50L	339	Glenn Wass	873	1	M50L	358	Ian Hudson	610	1
M50S	58	Mike Pemberton(M55)	5774	5	M50S	67	Tim Booth	5465	18
M50S	69	Eric Harper	5377	7	M50S	70	Philip Brown	5316	5
M50S	79	Steve Bouch	4837	5	M50S	132	Nigel Hoult	2179	2
M50S	171	John Hawken	1121	6	M55L	16	Ian Cooper(M60)	7572	8
M55L	20	Richard Rae	7461	26	M55L	143	Alain Wilkes	5722	11
M55L	161	Mike Pemberton	5287	6	M55L	286	Martin Wilson	1128	1
M55S	7	Martin Wilson	7533	11	M55S	140	Alain Wilkes	1252	1
M60L	161	Ian Cooper	2430	2	M60L	189	Peter Bennett	1181	1
M60L	212	Kingsley Starling	831	2	M60S	25	Bryce Gibson(M65)	6112	9
M65L	61	Alan Yeadon	5906	15	M65S	4	Bryce Gibson	6706	6
M70L	31	Reg Parker	5875	10	M70L	82	Darrell Cruickshank(M75)	770	1
M75L	25	Darrell Cruickshank	3340	4	W21S	31	Helen Smith	6521	11
W21S	37	Helen Fraser	6167	13					

Berkshire Orienteers

W35L	92	Julia Duncan	735	1	W35S	9	Antje Dethof	7167	9
W35S	59	Jocelyn Andersson(W40)	3343	3	W35S	75	Lynne Moore(W40)	2311	2
W40L	109	Ruth Horner(W45)	2166	3	W40L	127	Jocelyn Andersson	1094	1
W40L	129	Anne Brown	1018	1	W40S	60	Lynne Moore	3383	3
W40S	82	Jocelyn Andersson	2325	2	W40S	83	Oone Rogers	2296	6
W45L	104	Ruth Horner	4502	5	W45L	127	Debb Bouch(W50)	2844	3
W45S	3	Catherine Springett	7676	37	W45S	9	Katy Stubbs	7191	13
W45S	51	Susan Wilkes(W50)	4482	7	W45S	92	Debb Bouch(W50)	1155	1
W50L	115	Debb Bouch	1816	2	W50L	135	Jane Courtier	904	1
W50L	139	Hilary Hill	835	1	W50L	140	Denise Harper	792	1
W50L	145	Susan Wilkes	637	1	W50S	11	Denise Harper	7110	8
W50S	13	Sally Collins	6863	13	W50S	63	Susan Wilkes	2860	3
W55L	51	Liz Turbin	6392	17	W60L	17	Janet Gibson	6929	18
W65L	28	Anne Parker	4752	6	W75S	1	Daphne Adler	3067	3

Committee Notes (continued from page2)

5. Child Protection

Clubs will need to confirm their proposed actions soon. BOF will be contacting Clubs

6. Regional Development Officers

BOF has been awarded funds by Sport England to pay for Regional Development Officers, who will work two days a week, BOF to pay for one day Regions to pay for one day. This is to be aimed in particular at school participation.

7. The present Squad leaders Christine and David Currie will be moving away. Replacements are needed.

8. Colin Duckworth (TVOC) is now a Grade1 Controller

The region needs more controllers at Grades 1 and 2. Club members to be approached.

9. The Bloom Wood event in June 2004 was discussed. The entry fees will be £4.50 seniors and £1.50 juniors. The owner of the Car Park field is asking £1.50 per vehicle. It was agreed that all courses should be overprinted not just White, Yellow and Orange as on the flyer. This change would need to be put on the flyer and on the BKO website

10 From 2005 Crown Estates will be asking for £3.50 per senior competitor at all grades of event. The Club would have to consider the effect this would have on event budgets and consequently the Club use of the area. Dave Stubbs and Liz Turbin will follow this up.

11. Main income had been from Concorde Chase (£1960), subscriptions and clothing sales. A small amount was due from Saturday events.

12. Recent significant expenditure had been £140.65 for Newsletter.

13. Neville Baker (TVOC) will control Burghfield September 2004 event

14. Next Meeting to be held at Stubbs residence, Winnersh. 8.00 p.m. 20th May 2004



Reg Parker (aptly next to REG in photo) with Anne (with cap on right) organised the successful Saturday events. Also pictured are some of the stalwart helpers. Other regular helpers who were busy doing jobs and hence are not on the photo include Denise Harper, Faruq Bilbe, Stig Townsend, Tim Booth, Darrell Cruickshank and Kingsley Starling. The Club says a big thank you to all who helped make the events a success



Nigel Hoult pictured after his successful London Marathon run. Nigel says:- It's not just SportIdent timing that has problems - the system the marathon used (ChampionChip) was playing up yesterday, as a result of which I haven't got an official time that I can believe as yet; however, going from my own watch, I took about 3:54:00 from the gun, or 3:48:36 from crossing the start line. Thanks to everyone from BKO who sponsored me. If I don't see you at a Wednesday evening event beforehand, I'll make arrangements to collect sponsorship at the Bloom Wood event in May. If you aren't going to be there, please either send me a cheque or pay via the web site, <http://www.justgiving.com/nigelhoult>



BKO Coaches, David Rogers (rear, left) and Tim Booth (rear, right) prepare to do some orienteering coaching at the JK Training event in the Lake District. Tim will be soon spending a six months sabbatical leave studying volcanos and geology in various parts of the world. During his absence Tim's job as BKO webmaster will be passed to Simon Moore.



The Outdoors show at the NEC, Birmingham proved to be a very popular exhibition. If you spent one day there you might see about half the exhibits! The above picture shows the BOF stand with Helen Winskill in charge. She later took part in the gruelling Adventure races where one race was three hours of efforts up ropes, on bicycles, canoeing, scaling walls etc. This is a sport which requires incredible amounts of energy and stamina. **You have been warned!**

Didn't They Do Well!

BOF Focus, Issue 1/04 lists Badge awards for 2003 and these include Club Membership Secretary, Nigel Houlton who gained a Gold award for M50 and BKO Secretary, Janet Gibson, gained the prestigious Final Championship Badge Award in the W60 category.

Welcome and Happy Orienteering to New members

Philip Patrick and Family, Christopher, Hugh and Thomas from Bradfield

Relay Entries

I'm coordinating the club entries for the relays at the British & Harvester. As usual, the club is paying for the entries. If you want a run, please let me know, together with your age class and BOF number. I'll also need some idea as to how far you want to run (long / medium / short), so that I can try to allocate you to an appropriate team.

British Relays Monday 3rd May Forest Of Dean

Closing date TBA - I'll send another note when I can confirm this, although it doesn't stop you letting me know in advance.

Harvester Relays Saturday 16th May

Pippingford Park, Sussex . Closing date TBA 5/7 person relay with both night and daytime legs. Neil Frankum 0118-975-1528

Course for Planners

Katy Stubbs will be organising a course for Planners in May. This course is **now full** but in case there may be last minute cancellations ring Katy .

Ring Katy on 0118-978-2132 for further details.

Club Kit

Sue Wilkes is now responsible for the sale of Club Kit.

So if you need to UPDATE your club kit or need trousers without gaping holes in them then give Sue a ring and she'll sort you out. Why not purchase a new blue Club sweater?

Sue Wilkes can be contacted on 01635-522-356 or why not try to contact Sue at events?

SCOA AGM

The SCOA AGM will take place on Thursday 17th June 2004 at the Richard Aldworth School in Basingstoke. 8.00 p.m. start

The following committee positions are vacant:-

Chairman (There is one nomination for this job already)

Vice Chairman

Treasurer

Mapping Officer

Junior Squad Officer

Job descriptions are attached for Treasurer & Junior Squad. The Junior Squad vacancies are for a lead coach and a temporary squad manager (6-9mths, whilst Tim Booth is away), the Junior Squad send a representative from the team of coaches to the SCOA meetings therefore filling the vacancies will help to ensure they can be represented at meetings. The agenda will be distributed by e-mail 2 weeks before, any agenda items to me by 1/6/04 please.

Lead Coach

The lead coach is responsible for co-ordinating the activities of the team of coaches that work with the junior squad. In particular, he or she draws up the outline of the training for the year and then shares

the workload of planning and organising the monthly Saturday training days with the other coaches. The lead coach nominates juniors from the region for BOF organised tours and arranges for M/W16s in the region to attend the Lakeside weekend each November.

Squad Manager

This role is responsible for communication between the squad management, BOF, SCOA and, of course, the juniors. On the administrative side, the manager invites new members to join the squads, obtains parental consent forms, produces the squad address list, communicates details of forthcoming training to the squad and provides the coaches with details of those intending to attend. The manager also makes arrangements for the team at the annual Junior Inter-Regional Championships.

John Worth, SCOA Secretary

Local Membership Renewal

If you are a new member and paid a subscription to BKO in late 2003 then that qualifies you for membership in 2004. Otherwise established Local Members should renew their annual subscription now. (Single membership £5, Families £6, Juniors £1, Group £7). Full members of BOF will have already received appropriate renewal forms and these should be returned to BOF.

Berkshire Orienteers - Summer Training 2004

Date	Location	GR	Planner(s)	Activity
28 Apr	Rushall Farm	SU 578735	Denise Harper	New map
5 May (+SN)	Star Posts	SU 876662 (The LookOut)	Brian Burt	Contours & no paths
12 May* (SN)	SN (HenleyGate)	SU 919619	SN	Note: 6.30 - 7.00 starts
19 May	Dinton Pastures	SU 789726	Dave Stubbs	Launch of new permanent post map
26 May	Carbins Wood (nr Bucklebury)	SU 560694	Mike Pemberton	Distance and Pacing?
2 Jun (+SN)	Swinley East (Buttersteep)	SU 904660	Nigel Hoult	Line event
9 Jun*	SN (Windmill Hill)	SU 907557	SN organising	Note: 6.30 - 7.00 starts
16 Jun (+SN)	Finchampstead Ridges	SU 813636 (Simon's Wood CP) Mass Start: 6.40pm	Dick Rae	Social Event - BKO hosting (venue as last year - Finchampstead Cricket Club) (+SN, Finch Coasters, Sandhurst Joggers)
23 Jun	Bloom Wood	SU 861888 (W. side of wood)	Pete Innes & Antje Dethof	Traffic Lights. Approach via pub at SU 856891 near Marlow Bottom and go under A404
30 Jun*	SN(Mytchett Triangle)	SU 917557	SN	Note: 6.30 - 7.00 starts
30 Jun (alternative)	Basildon Park	SU 611786	Denise Harper	To be decided
7 Jul (+SN)	Crowthorne	SU 851643 (Broadmoor Hospital CP)	Lynne Moore	Part of the Crowthorne Festival - has easy courses and Training activity
14 Jul	Swinley West	SU 900670 (Saw Mill)	Dave Rogers	TBD
21 Jul	Knowl Hill (Come and eat even if you don't want to exercise! Food around 8 - 8.15pm)	SU 825796 (Park at the Royal Oak pub - south side of A4, nr.church)	Alan Yeadon/ Liz Turbin (Starts: 6.30 - 7.15)	Path O! Social Event - BarBQ or some such. Bring your trainers and running/walking gear!

Most of these Training events will start at 6.30 pm and end around 8.30 (Registration for newcomers is 6.30 until 7.00pm)
Some of the Activities for each evening have not yet been decided but will tackle particular aspects to help improve your Orienteering. There will usually be an easier course planned for the less experienced. We will then adjourn to a nearby pub - details at the event if not listed.

Some Fixtures for May to August 2004

NB Check Grid reference. The reference may not be that of a car park. Check event is on before leaving by ring answerphone service or Organiser or appropriate website.

MAY 2004

1st-3rd TRIPLE O SEVERN WEEKEND

1st - BOK/SWOC Medium Race & UK Cup & FCC Final. Russell's Enclosure, Forest of Dean. SO/630100.

2nd - NGOC NATIONAL EVENT & WRE, UK Cup & FCC Final. Lydney Park, Lydney. SO/625022.

3rd - BOK BRITISH RELAY CHAMPIONSHIPS. Danby Lodge, Lydney. SO/632067.

9th BKO District Event & SCOA League. Bloom Wood, High Wycombe. SU/883894.

C4 Peter Entwistle, 01628 635278. peterentwistle@btinternet.com £4.50/£1.50 + £1.00 Emit hire. EPS-Emit. Free String course. Parking £1.50. Premarked and bagged maps for all courses. No dogs. www.bko.org.uk

16th MV Harvester Night Relay Trophy & UK Relay League. Pippingford Park, Crowborough. TQ/510310. R2N Organiser and entries: Mike Elliot, 10 Glebe Road, Ashted, Surrey, KT21 2NU,

01372 273106. CD: 01/05/04. Class A - £70.00, Class B - £50.00, all Juns on Class B - £25.00. No EOD. Chq: Mole Valley OC. EPS-SI. Parking £1.00. No dogs. <http://www.mvoc.org/>

23rd NW LOC NATIONAL EVENT & UK Cup. Holme Fell, Coniston. GR/318018.

23rd TVOC District Event. Coombe Hill, Wendover. SP/852062. C4 Paul Greenough, 01494 674766. EPS emit. String Course. www.tvoc.org.uk

29th-31st Tamar Triple Regional Event C4 29th - Day 1 DEVON District Event. Smallhanger Waste, Plympton. SX/550599. Roger Green, 01392 278512. rogergreen@eurobell.co.uk £4.50/£2.50 (EOD only). String course. Starts 1200 - 1500. Dogs in car park only.

30th - KERNO Day 2 Regional Event. Dunmere Wood, Bodmin. SX/043695. Organiser: Pauline Olds, 01726 75998.

31st - KERNO Day 3 Regional Event. Plym Forest, Plympton. SX/547597. Organiser: William Kromhout, 01392 259541. willdebeast72@hotmail.com Entries (Days 2 & 3): Tamar Triple 2004, Blackthorn Cottage, Fiddleford, Sturminster Newton, Dorset, DT10 2BX. cris@thetweens.freeserve.co.uk CD: 07/05/04. £9.00/£3.50 per day or £17.50/£6.00 both days. Lim EOD +£1.00 per day. Chq: Tamar Triple 2004. EPS-SI. String course. EOD CC courses - W, Y, O & LG. Entry enquiries preferably by e-mail to cris@thetweens.freeserve.co.uk or tel 01258 861804. General enquiries preferably by e-mail to tamartriple2004@devonorienteeing.co.uk or 01752 249043 in emergency www.devonorienteeing.co.uk

JUNE

6th TVOC District Event. Great Hampden, Princes Risborough. SP/836019. C4 Ralph Phipps, 01494 452659. ralph.phipps@ntlworld.com Fees TBA. EPS-Emit. String course. www.tvoc.org.uk

13th BADO District Event & SCOA League. Chawton Park & Bushy Leaze Wood, Alton. SU/670373. C4 Mike Broderick, 01256 351624. wbroderick@lineone.net £4.00/£1.50. EPS-Emit. String course. Punching start. Parking £1.00. No dogs. www.bado.org.uk

26th-27th Junior Inter Regional Championships 26th - JIRC Individual. Gullane Dunes, Gullane. **27th - JIRC - Relays.** Callendar Park, Falkirk.

BKO Fixtures in 2004

Sunday 9th May 2004. BLOOM WOOD, between High Wycombe and Flackwell Heath. The Organiser of this colour coded event will be Peter Entwistle. At one time this venue was planned to be a JK2003 one, but complications arose! From the junction of the A404 and A4153 (SU 862 877) head eastwards towards Bourne End. After 2 km turn left and head northwards along Sheepridge Lane in direction of Flackwell Heath. After 1 km the road bends to the right and there is a public house on the left and this is where you turn left into the parking field. Parking fee £1.50. St Andrew's School is running the String Course.

Sunday 26th September 2004. BURGHFIELD. The Organiser of this colour coded event will be Stuart Green with Nigel Jefferies as Planner.

Please let Committee members know what jobs you are prepared to do.

TVOC Training event Wednesday 9th June 2004

Venue: Black Park, near Langley, near Slough G.R. TQ 005 832. New map
Three short loops on offer. 7.30 p.m. start .

Car Park fee £2.00

Other Sources of Fixtures Information

BOF: <http://www.britishorienteering.org.uk/>

SCOA: <http://www.scoa.me.uk>

BKO: <http://www.bko.org.uk>

SCOA Answerphone 0118-946-4354

SEOA Answerphone 020-8948-6056

Midweek Answerphone 01256-883-265

Colour Code Standard badges

If you have achieved the required standard on colour coded courses you may apply for a badge. For further details apply to Bryce Gibson, telephone 0118-947-2220