

Berkshire Orienteers



Newsletter

November 2004



Chair - Chair!

Acting Chairman of BKO, Eric Harper (on left) chats to Major Allan Farrington of BAOC, BADO and EMIT fame at the BKO District event staged at Burghfield Common in September. Allan is also current Chairman of the South Central Orienteering Association (SCOA) and attends British Orienteering Federation (BOF) meetings as SCOA representative. Allan and his team will be organising the EMIT entries on the day of the Concorde Chase which will be held at Lower Star Posts on Sunday, 23rd January 2005. Organisers will be Janet and Bryce Gibson and Planners will be Deb and Steve Bouch. Lots of good experience in those teams! Entry to the event will NOT be via Sandhurst Military College. Will Prince Harry be there? Well, he did get an A-level in Geography so that's a good start with maps!

Berkshire Orienteers Officials

Chairman: Acting Chairman : Eric Harper

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BKO E-mail Group

Please note there is a very useful BKO members e-mail group. To join the group you have to ask to subscribe to the group by e-mail to bko-mailing-list@bko.org.uk. Any message to this one address goes automatically to all current members of that group. You can leave the group by sending a message to that address that you wish to unsubscribe.

BKO - Data Privacy Policy

The Data Protection Act 1998 imposes rules and safeguards on those who hold and process personal data, ie data relating to living identifiable individuals. Details of usage must be notified to the UK Information Commissioner, with some exceptions which include not-for-profit organisations whose usage is restricted to specified purposes. Berkshire Orienteers is exempt from notification but the principles setting out rules and safeguards do apply. In the interests of being open and fair, the club wishes to inform members of the data held and how it is used.

BKO and its officials may hold some or all of the following data about some or all members and others who compete in orienteering events: name, postal and email addresses, phone and fax numbers, year of birth, competition age class, competition results, offices held, skills and qualifications, courses attended and details of officiating at competitions. Contact data is held for landowners and other organisations with whom we co-operate, their employees, agents and tenants. The data may be held in electronic or paper form.

The data may be obtained directly from an individual person or a family member or indirectly from the British Orienteering Federation, clubs or other organisations.

The data is used in organising the sport of orienteering and for social purposes, including, but not limited to, mailing of magazines and other literature, publication of competition entries and results, coaching, team selection, training and appointment of officials.

Data may be distributed in paper or electronic form between members, competitors and orienteering organisations.

Publication of personal data in paper form may occur in membership and contact lists, magazines, competition information and results and other literature. Publication on publicly accessible web sites may include name, age class and club in competition results; names with offices and photographs may be published, but addresses, contact numbers and personal background details will be published only with the explicit consent of the person.

The data will not be available for commercial purposes.

Welcome to World Cup 2005 Round 1

The British Orienteering Federation (BOF) is pleased to be the host for Round 1 of the Orienteering World Cup 2005. BOF invites all IOF Federations to send teams to the competition to be held in Great Britain in the first week of May 2005. The competition will be held to the south-west of London in the beautiful hills and heathlands of Surrey. BOF looks forward to welcoming all teams, their officials and representatives of IOF and the media to Surrey in 2005.

Venue The Event will be based on Guildford - the county town of Surrey. Guildford is a vibrant historic town, offering all the richness and amenities of a city with excellent shopping and entertainment, yet conveniently located with excellent transport links.

Guildford is some 30km to the south west of London with easy and fast access from London Heathrow and London Gatwick airports, both of which are under 30 km away. The town is situated on the A3 trunk road between London and Portsmouth some 15km outside the London Orbital Motorway (M25). Guildford is on the main railway line from London Waterloo with frequent fast services. There is a direct railway link from Gatwick and a bus/train link from Heathrow.

Programme (subject to final access agreements)

Friday 29th April	Event Centre opens in Guildford
Saturday 30 th April	Opening Ceremony & Sprint Qualification at University of Surrey in Guildford
Sunday 1 st May	Long Distance Qualification at Mytchett, Frith Hill & Old Windmill Hill, near Deepcut, Surrey
Monday 2nd May	Sprint Final at Battersea Park, London
Tuesday 3rd May	Rest
Wednesday 4th May	Middle Distance Qualification at Leith Hill NW, Surrey
Thursday 5th May	Middle Distance Final at Leith Hill SW, Surrey
Friday 6th May	Rest
Saturday 7th May	Long Distance Final at Peaslake, Surrey
Sunday 8 th May	Relay at Long Valley, near Aldershot Closing Ceremony & Banquet in Guildford

Public races It is planned that a full range of public races will be held on the same day using the World Cup terrains. Further details to follow.

Bryce Gibson (BKO) will be organiser of the Mytchett event. Bryce has experience of organising at the top level having organised a previous British Championship event and JK events. BKO members are requested to volunteer to help Bryce with this event.

Crowthorne Carnival 2004 - Sue Clod

Thank you for the orienteering event on Wednesday July 7th. What a dreadful evening weather wise, including a tree falling across the road on the road to registration. Don & I were very lucky with our walk, we chose a time that only had a few drops of rain and also decided to keep to the paths as much as possible to avoid the bracken soaking experience. There were some good courses on offer so it was a shame that the weather put people off. We did part of the map memory course thoroughly enjoyed it, and didn't have to test our waterproofs!

Laurence will be pleased when we tell him that his map is still being used though considerably modified to account for vegetation growth since 1997!

For those of you who remember Laurence, he is getting married in March next year to a Scottish lass – all those Scottish 6 days obviously had their influence!!

The **Toddler Orienteering** the previous day (6th July) was a completely different experience. Hot sunshine and hectic! It was held at from 13:30 to 15:30 at Broadmoor school which is located near the Wednesday event. They have a lovely field and play equipment. Two courses were on offer – a string course and a stick course.

Margaret Moores planned & organised this year's event & I helped.

About 20 toddlers (under 5s) and mums came and then the pre-school, reception and year 1 classes joined in. The courses don't take long (no timing was offered!) hence the hectic time as they all clamoured for "control cards" and certificates. I had writers cramp at the end and "I've finished Miss" ringing in my ears. They all thoroughly enjoyed themselves and took part enthusiastically.

The **String course** wound from the playground, over some play equipment round some trees, over a bridge, down a slide to the Wendy house and back. Great fun. Pictures were hidden at various places along the string together with a pot of wax crayons. Toddlers were given a paper "control card" consisting of smaller versions of the pictures. They had to find the pictures & then colour in the picture and / or the rectangle below it. They each received a paper certificate at the end.

Some children ignored the string and found the controls by trial and error – though we had a few complaints that one was particularly difficult!

We have held the event at various Crowthorne schools and adapted the course to the facilities available – sometimes going into shrubbery and tunnels made from blankets.

The **Stick course** is Margaret's invention. The controls are large numbers instead of control kites. Each control has a punch. The controls are placed around the school field in such a way that you can only see the next number from the previous control.

The paper control card had numbers to identify the controls and boxes for punching. Certificates were also given at the end. The children really enjoyed this course too especially the actual punching of holes in their own cards.

Thank you to BKO for the loan of the orienteering equipment. Hope to do it all again at the next Crowthorne Carnival in 2 years time.

Draft Membership Proposals from the BOF Council

Income continues to fall under the present system and we must do something just to maintain the current levels. The strategic plan calls for increased levels of investment in the grass roots level of the sport and particularly club development and requires that we raise even more income. Only 65% of club members are BOF members. The current system is unfair on BOF members who pay for the development of the sport and particularly the provision of insurance at events, where all participants are covered by BOF insurance.

With the event calendar being widely available and no event entry fee discount for BOF membership, it is too easy to not be a member of BOF. BOF is not getting income from Club only members, Clubs are not getting income for participants who "float" from event to event. **The current system is unfair.**

The presentation highlights the value of BOF and notes particularly that it is essential for a single body to be recognised by the Sports Councils, Government and the general public to represent the sport of orienteering in the UK. Orienteering is one of the cheapest outdoor sports

Aim

Council accepted the aim of any new membership scheme should be that: "All who take part in orienteering in the United Kingdom should take equal financial responsibility for, and share ownership of, the sport by becoming members of the Federation".

Acknowledgement of Clubs Council recognised that our clubs are the heart of orienteering in the UK and wanted any new scheme to recognise this. However Council also accepted that a centrally run membership scheme did relieve a great deal of administrative burden from the clubs and that an up to date data base was essential in running the sport.

Draft Proposal

Council agreed that all members of clubs should automatically be members of BOF. This would require an adjustment in fees and event levy with club only members required to pay more and BOF members slightly less. Features of the new scheme would be:

- *Membership cards would be issued in the name of the Club and to show Club and BOF logos
- *BOF Office to administer the whole membership system on behalf of Clubs BOF fees to be reduced to £10 - £12 per senior; other membership categories to be affected by a similar proportion BOF Event levy to rise by 50p to £1:50 and £2:00; again this would be proportional for juniors.
- * Clubs to increase event entry fees by £3 - £5 for non-members (except for introductory events) in order to encourage club membership
- *Whereas the principle of the scheme was accepted throughout Council, there were alternative proposals varying the proportion raised by membership fees and event levy.
- * One of the biggest concerns about this scheme is the possibility that the introduction of BOF fees for Club members would drive club members away from orienteering altogether and therefore the BOF fee should be as low as possible. If this was the generally accepted view, BOF fees could be reduced to £5 per head but this would mean that BOF event levy would have to double to £2 and £3 per senior. This would then penalise the regular orienteer who, if running almost every week, could pay double the current combined fees and levy. Council also recognised that it would probably be necessary to reintroduce compulsory Club/BOF membership to take part in a C3 (or above) event

Timings

Over the last months Council and Management Committee have considered a number of different proposals. Following the Council meeting on 25 September this proposal has emerged as the favoured

choice. The earliest a new scheme can be put in place is 1 January 2006 and to do this a proposal would have to be adopted at the AGM in April next year. Management Committee meet in December and will make recommendations to the next Council meeting in January 2005 where a detailed proposal will be agreed, to put before the AGM. Everyone is keen to ensure that whatever goes before the AGM has been well publicised and consulted on in order not to get a myriad of counter proposals.

Views

This paper has been prepared in order to promote discussion on the subject and we hope that both current BOF members and those who are 'club only' members will participate. We urge you to engage in the debate which you can do by emailing, writing or phoning as follows:-

To one of the Councillors whose role is to represent the views of members

[in our case, Katy Stubbs would be the most appropriate - BUT Katy is due to join Dave in Oz from time to time for the next two years!] The more detailed information shows that comments have to be in by January, so that BOF council can put a proposal to the AGM in April.

Notes from the Editor:

1. Local members of BKO are members of BKO only.
2. An orienteer can join the British Orienteering Federation (BOF) and elect to join BKO as their Club. The subscription which is paid to BOF consists of a subscription to BOF and a subscription to BKO (which is sent back to the Club.)
3. BOF Family Membership is possible if two adults are in the family.
4. The SCOA BOF representative is Allan Farrington E-mail: allan@baoc.org.uk
5. If you wish to read the article on the BOF website (where more information is given) then go to the following page:-

<http://www.britishorienteering.org.uk/asp/makepage.asp?PID=MEMBPROP>

Do you suffer from Colour Vision Deficiency (Colour Blindness)?

There are several forms and these are usually inherited genetic problems. By far the most common is red/green colour blindness which affects about 1 in 12 men but there is also blue/yellow blindness and other types. Only about 1 in 200 women are affected.

I know two members of my club that have colour blindness. I suspect with BOF's membership that there are more than we realise. I am interested to know what difficulties this causes with regard to maps, overprints and locating controls and competing generally. At this time I don't know if there is anything we can do to help but if there is I would want it to be included in 'best practice guidelines'.

A colour blindness test can be found by a website search on 'GKT colour'. This should produce King's College London test. However, as the website says if you think you have a problem you should consult your GP (or perhaps your Optician?)

Peter Bylett, BOF Development Manager

peter@britishorienteering.org.uk

Some Notes from the Minutes of SCOA Committee Meeting held on 17/9/04 at Newbury.

639: World Cup May 2005 Briefing: Alan Leakey had kindly offered to update the committee on plans for the World Cup round of races in May 2005. He outlined the schedule. There would be public races in parallel. Helpers were needed and the plan was to have 2 clubs helping per event, so clubs need to volunteer now. The public races would be Badge events starting after last WC competitor. All events would have designated assembly areas containing starts & finishes, there would be a 6 day competition, best 4 from 6 events scores count, with a national event on Sat 7th. Also planning for MTBO on Tue 3rd the rest day and Friday 6th would have an OUOC street event, after the sprint finals in London's Battersea park. There were still vacancies for certain posts such as the anti-doping team leader. WC logo can also be used.

Karen Williams the WC05 Dev officer then explained her tasks as WC05 development officer. This was an ideal time to throw the spotlight on orienteering and they would be running a series of events the week ending 18 Apr for years 5, 6, 7 & 8 (white & yellow courses) and also for Hants schools at end of March. There would then be an area competition at Battersea Park. She also hoped to map 10 school grounds and run 2 level 1 coaching courses. (Note: Karen to supply list of schools taking part for publication). There were known problems with Hampshire schools taking part in orienteering and restrictions on attendance at normal events. There would also be a mass start Trail challenge red course aimed at runners. Christine Robinson was leading the publicity strategy & press team. Mapping course planned for 9 Oct 04 and development conference on 16 Oct at Guildford.

Karen then went on to explain CLUBMARK registration process and how essential it was for clubs to strive to achieve it. Hillary Palmer was lead. Clubs need a level 3 coach, someone to have attended 2 day First Aid course and 4 others to have done 3 hr instruction periods, also need 2 child protection trained personnel.

The session ended with a suggestion that SCOA consider focussing their pre-WC 05 effort on the BADO C3 at Butterwood on 23 April and any ideas to attract attention and participants would be most welcome.

640: Treasurers Report. The need for someone to replace Caroline was reiterated, she will hold the fort until December. Action CLUBS TO CANVASS FOR A RELACEMENT.

641: Fixtures Sec Report. A report was distributed.

642: Technical Report. There is a review of course lengths underway. Calculation of junior badge standards on JM/W5 is confusing and Katy has guidelines. The major events course/seminar was held. Finally she mentioned that a stand-in for her would be required as she was taking time out to visit husband Dave in Australia later in the year. Action CLUBS TO CANVASS FOR A STAND-IN.

643: Regional Development Officers (RDO) report: A written report was supplied.

645: Coaching Report: A written report was supplied and is attached to these minutes. Possibility of SCOA courses at Bramley 20/21 Nov and at Longmoor on 19/20 Mar or 9/10 April 05.

646: International Rep Report: The Chairman was happy to report that Ken Williams of BAOC had agreed to take this correspondence role on.

647: Junior Squad. Dave Rodgers (BKO) now holding the fort although the Curries had not left the area as originally planned and so may continue to help along with Mick Bray and Caroline Edwards. Squad had taken part in Inter regional competition, but without M/W16 due to clash with exams. Possibility of hosting JIRC in 2006 if BAOC could agree use of Woolmer in June/July.

648: Report on BOF Council meeting – 25 Sep 04. Allan Farrington to attend as SCOA Chairman. Summary of meeting on BOF website.

649: Any other business. Replacement of missing Southern Championship trophies, SW have agreed to proposal for one third funding, SE to be chased for response. **Action still with Richard Sharp**

SCOA need to have a Regional Child Protection Officer to offer guidance on the procedures. Action CLUBS TO CANVASS FOR A VOLUNTEER.

Chairman suggested that Southern Champs Trophies be discontinued due to the problems of tracking their whereabouts, he will discuss with SEOA & SWOA.

Need for club contacts list for cascading of information agreed.

Action CLUBS TO SUPPLY NOMINEE.

Heat Sealer- Where is it?? Where are SCOA SI units? Chairman to email Tim Booth.

Replacement also needed for Janet Gibson who has been producing the SCOA Championship Certificates for years:

Action CLUBS TO CANVASS FOR A RELACEMENT.

650: Date of Next Mtg: Thursday 2 Dec 04 at Friends Meeting House, Newbury @ 1930 hrs.

"BKO Handicap Championship 2004"

The BKO Handicap Championships for 2004 will be held at the BADO District (Colour Coded) Event at **Blackwood, on 14th November 2004**. This is an EOD event, so there is no need to register in advance. See Newsletter fixtures section for event details.

The handicap championships are based on your performance at your best 5 Regional (BADGE) or higher events. From these results I will generate a handicap for you. You should normally enter the course for your age class. However, if you want to run up one or two classes, please let me know in advance, and I will generate a handicap for the required course. The age classes below are those used for the Compass Sport Cup, as is traditional at this event.

The winner in each category is the person who beats their handicap by the most time - the 8 categories are: Men and Women for Junior (14 or under), Intermediate (20 or under), Senior (21-40) and Veterans (45+)

If you have not completed 5 Badge Events since 23rd November 2003, please let me know, together with some recent colour coded event results or similar, and I will generate a handicap based on the times you give me.

Handicaps will be on the website a few days before the event.

Course Age Class

Brown M21-40

Blue W21-40, M45-55, M20

Green W45+, W20, M60+

Light Green M/W 16-18

Orange M/W 12-14

Yellow M/W 10-

Bryce Gibson - This year's Handicapper (with acknowledgements to Tim Booth)"

Directions to Blackwood: From the M3, heading South-West, take the A303 road at Junction 8 of the M3 signed to Andover. After about 3km you pass a service station, then you will see Blackwood on your left as you head in the Andover direction. The event will most likely be O-signed from the next left turn which is signed to Micheldever Station

SCOA Coaching report. - Phil Brown

There is now an exciting development in the regions, often linked with the work of Development Officers, in the whole coaching scene. Certainly there is a change in the attitude of orienteers to the coaching progression and an acceptance of the Level 2 and level 3 coach qualifications as important and necessary progression .

I would like to suggest that SCOA and the clubs do an analysis of need to development plan, eg x number of level 2 coaches, x number of level 3 coaches and possibly level 4 coaches to facilitate their development plan.

Having just run a level 3 course last weekend for BOF (one SCOA person on it), it was good to see EAOA having the approach of training many so the work load is spread.

The need for coaches also links to the issue of clubs, and region, putting on training and not having the appropriate coaches running the activity, apart from the potential of negligence claims if accidents happened, the event would not be insured by the BOF insurance. e.g. Burnham Beeches would need a level 3 coach to run an activity, Star Posts a level 4 coach according to BOF criteria. (The criteria is on the website)

From a SCOA responsibility, for the Junior squad, I would like to suggest that there should be at least a target of 2 level 4 coaches, and 5 or 6 level 3 coaches so that the work load of running sessions can be spread, and training new Head coaches can be a rolling program.

Working through the BOF coaching progression most could attain level 4 coach, (tutor/assessor for coach training is now separate) it is not dependant on fitness, but on learning technical skills (something any orienteer would benefit from) health and safety, organisation, and how to teach skills and progression.

I have trained Dave Rogers now through his level 2, his level 3 and will work with him to attain the assessment criteria and be assessed for level 3 and then hopefully put on a level 4 training in the spring. If clubs also put together a plan, probably working with Denise Harper, then we can put on the courses and log book experience and assessment. The more coaches in a club the less work for all and the greater support for each other.

I am planning to run another Level 2 coach training course on the weekend the 27/28th Nov. It would be good to run it at Bramley but if that is not an option there are other areas I can use. **The BAOC centre of excellence facilities are superb.** Do any of the committee see any difficulties in the date. I can run the course on possible any w/e from the 13th Nov onwards but would like to give a long lead in time for marketing the course.

From the last BOF Coaching Committee;

- * Sport England are probably not going to support individual athletes any more.
- * more detail of the development of the level 4 and level 5 coach awards will be looked at when the UK Coaching Certificate is finished.
- * there was a lot of discussion on Junior Badges, ageless course badges and male/female separate awards in colour code, if anyone has any feelings on any of these issues I will present them at the next coaching meeting.
- *There was discussion around Junior course lengths at National Events.
- * There is anticipation in the roles of development officers being able to link with schools, young people and the clubs, but I am also interested in coaching/development for adults in the clubs.

Phil can be contacted on 01628-675-517 and e-mail phil.brown@rbwm.gov.uk

Events for your Diary

- 1. BKO Club Championship at Blackwood, Sunday 14th November. This is a BADO District event. Bryce Gibson will be organising members handicaps.**
- 2. New Year Score event at Swinley West. This annual event will be organised by Reg Parker with Liz Turbin as Planner and Eric Harper as Controller. If Santa Claus has survived Christmas he will be there as a roving control! - No it's not in the rule book.**
- 3. The Concorde Chase 2005 will be held at Lower Star Posts on Sunday 23rd January 2005. Organisers will be Janet & Bryce Gibson with Steve and Deb Bouch as Planners. Controller is Ian Moran (SOC). Entry will not be via Sandhurst College but up King's Ride which is a road off London Road Camberley at Grid reference 876 608. This is a Regional event.**
- 4. On Saturday 12th March 2005 there will be a UK Cup & Future Champions Cup event at Bloom Wood. There will be courses available for the general public. Organiser is Pete Inness with Planner Tim Booth. This event precedes the TVOC National Event on the following Sunday at Hambleden near Henley.**

Club Kit

Sue Wilkes is now responsible for the sale of Club Kit.

So if you need to UPDATE your club kit or need trousers without gaping holes in them then give Sue a ring and she'll sort you out. Why not purchase a new blue Club sweater?

Sue Wilkes can be contacted on 01635-522-356 or why not try to contact Sue at events?

New Subscription Rates

The committee approved new Club subscription rates which will apply from 1st January 2005. These rates are Adult £6, Junior £1, Family £10, and Group £10. Membership, for those joining first time after 1st September would carry forward to end of December the following year on payment of that year's fee. If you wish to become a BOF member in addition to BKO then you apply to BOF and pay a subs to them. The local part of the subs is then returned to BKO.

Some Fixtures for November to January 2005

NB Check Grid reference. The reference may not be that of a car park. Check event is on before leaving by ring answerphone service or Organiser or appropriate website.

November 2004

7th SC SOC November Classic Regional Event. Burley Lodge, New Forest. SU/248120. C3 Organiser: Diana Smith, 02380 845787.

terrismith@compuserve.com Entries: Mary Nixon, 43 Rownhams Road, North Baddesley, Southampton, SO52 9ES, 02380 737585. CD: 23/10/04. £7.50/£3.50 + £1.00 EMIT hire. **No EOD.** Chq: Southampton Orienteering Club. EPS-Emit. String course. Limited entry 1200. Dogs on lead in car park only. www.southampton-orienteers.org.uk

14th SC BADO District & SCOA League and Radio Orienteering Event. BKO Championship Event. Blackwood. SU/532433. Mike Broderick, 01256 351624. wbroderick@lineone.net £4.00/£1.50. EPS-Emit. String course. No dogs. There will be a punching start. www.bado.org.uk

20th BKO Saturday event, Burghfield Common. SU 645 651.

Liz Turbin 0118-934-5412

27th SLOG Southern Nights Championship and Army Championships, West Woods Marlborough SU 163 652

28th SLOG District Event and Army Championships, Bulford Ranges, Amesbury SU 208 447

28th SO District Event, Tilgate Forest, Crawley TQ 265 343

December 2004

5th SOC District and SCOA League Event, Denny Lodge, New Forest. Organiser Julian Lyne 023-9226-4001

11th BKO Saturday Event. Carbins Wood. SU 561 693.

Denise Harper 0118-948-2934

19th TVOC District Event and Hill Race, Wendover Woods, Wendover SP 889 090

January 2005

1st BKO Score event, Swinley West. Organiser Reg Parker 0118-947-1344

2nd SE SN NATIONAL EVENT & SN Trophy. Ash Ranges, Aldershot. GR/917557. C2 Organiser: Paul Wallace-Stock, 01252 519355

BKO Saturday morning events - 2004/5:

Dates	Venue	Car Park GR	Planner	Organiser	Controller	Notes
16th Oct 04	Benyon's Inclosure	SU 631643	Alan Yea- don	Reg Parker	Denise Harper	Parking in the Wood Yard
20th Nov 04	Burgh- field	SU 645651	Liz Turbin			
11th Dec 04 NEW DATE	Carbins Wood	SU 561693	D e n i s e Harper			
15th Jan 05	Basildon Park	SU 613785	Faruq Bilbe			
5th Mar 05	Rushall Woods	SU 576735				
9th Apr 05	<i>Venue to be de- cided</i>			Liz Turbin/ Alan Yeadon		

Other Sources of Fixtures Information

BOF: <http://www.britishorienteering.org.uk/>

SCOA: <http://www.scoa.me.uk>

BKO: <http://www.bko.org.uk>

World Cup Site <http://www.wcup2005.org.uk/> - **NEW SITE**

SCOA Answerphone 0118-946-4354

SEOA Answerphone 020-8948-6056

Midweek Answerphone 01256-883-265

Colour Code Standard badges

If you have achieved the required standard on colour coded courses you may apply for a badge. For further details apply to Bryce Gibson, telephone 0118-947-2220