



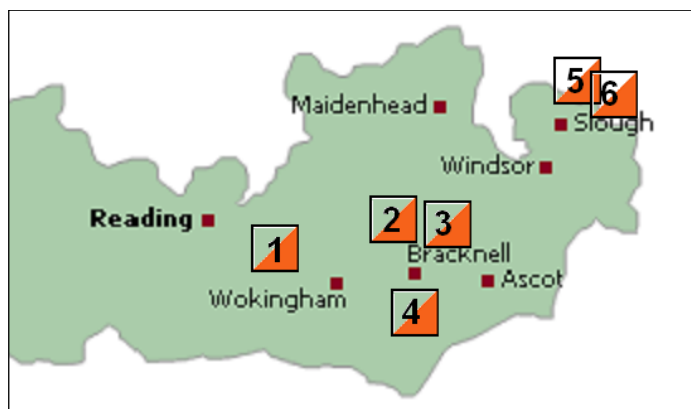
Orienteering is a challenging outdoor adventure sport enjoyed by people of all ages, abilities and backgrounds.



Orienteering

Permanent Orienteering Courses — Berkshire

There are fixed orienteering courses available throughout Great Britain. They are usually designed for beginners but often include difficult options for improving or experienced orienteers. They are a great way to improve your navigation skills, experience orienteering without needing to attend an event or to simply make a walk more interesting. This sheet provides details of the courses within easy reach of Berkshire residents.



1. Dinton Pastures, Wokingham

With a selection for beginners and the more adventurous, these courses explore the lakes and riverside areas of this popular country park. Maps can be bought from the Rangers Office at the main country park car park off the B3030 Winnersh-Hurst road.

2. Pope's Meadow, Bracknell

This compact area provides the ideal introduction for the young novice. Maps have to be obtained in advance—contact the Bracknell countryside unit on 01344 354441 or by e-mailing: rangers@bracknell-forest.gov.uk The entrance to the Meadow is from Saint Marks Road and signed from B3408, 1km North East of the end of the A329(M).

3. Lily Hill Park, Bracknell

Close to the centre of Bracknell, this park offers varied challenges including some steep slopes to tire the unfit! Maps have to be obtained in advance—contact



the Bracknell countryside unit on 01344 354441 or by e-mailing: rangers@bracknell-forest.gov.uk The Park is signed from the A329, 1Km East of Bracknell centre

4. Upper Star Posts, Bracknell

Used for international competitions, this part of Swinley Forest is Berkshire's top orienteering venue. The permanent course however provides a comprehensive range of courses for all abilities. Maps can be purchased from the Lookout Discovery Centre on the edge of the forest, off the B3430 near its junction with the A322, 1.5 Km South of Bracknell

5. Black Park, Slough

Just over the border into Buckinghamshire but only 4 Km NE of the centre of Slough is Black Park Country Park. Covering a large area, this country park provides very varied terrain with an extensive path network. Maps are available from the Rangers Office, on the South side of the lake and just a short walk from the main car park. Access is from Black Park Road and signed North from the A412 Uxbridge Road.

6. Langley Park, Slough

Also in Buckinghamshire, and just to the South of Black Park, is the smaller Langley Park Country Park. Maps can be obtained from the Rangers Office in Black Park (see above), Access is down Billet Lane, signed South from the A412 Uxbridge Road, about 4.5 Km NE of Slough.



Berkshire Orienteers

For more details on these courses and other events organised by **Berkshire Orienteers (BKO)**, see the web site at: <http://www.bko.org.uk/>

For membership details, contact the Membership Secretary at:

membership@bko.org.uk