

Club Newsletter – July 2010



Ian Cooper

BKO achieved success at the British Championships this year including second place for Ian Cooper in the M65L class.

More results from the championships and other events are included in this newsletter.

Busy Days for BKO



Keith Ellis, Publicity Officer for BKO

Welcome to another edition of the Berkshire Orienteers newsletter and the second one that I have edited since signing up to become Publicity Officer, I hope that you enjoyed the May edition. There's certainly a lot to report these days with more BKO events than ever being organised, including the Saturday events and Summer Parks Challenge, both of which are featured in this edition.

BKO also runs the summer evening events and we dedicate a section of this newsletter to seek your feedback on the idea of a year round club evening. There's also the British Champs, BKO in the news, the opening of the Lily Park permanent course and more so do enjoy this edition of the BKO newsletter and until next time, happy orienteering!

Hawley & Hornley ranking event

Keith Ellis

Many club members helped and participated at our event at Hawley & Hornley commons near Camberley with the event counting as a ranking event and the result counting towards the South Central league. Colour coded courses were set from white to brown but excluding a red course. With just two more SCOA league events after this, every point counted.



Peter Entwistle, event organiser and club treasurer

A total of 257 competitors took part from clubs throughout the South to provide a competitive event but a greater entry had been hoped for, it was suspected that the continual drizzle and grey skies deterred a few possible competitors.

The day started with the discovery of problem – the loos had been burnt to the ground during the night, fortunately Peter Bennett came to the rescue by identifying some portaloos used by the army and while there was a bit of a walk at least some facilities could be offered. Apart from this unusual problem, the event ran smoothly with no other serious issues.

Despite light rain, the ground was dry which led to fast times and closely fought competition. Leading the way for Berkshire Orienteers was Helen Fraser who won the light green course, finishing 52 seconds ahead of her nearest rival



All that was left of the loos



The start

Other notable performances included Ian Cooper and Keith McCarthy who finished 15th and 17th respectively in a large field for the blue course (89 competitors).

Simon Moore and Glenn Wass achieved creditable results with 7th and 10th places on the green course. Sue Parker finished 5th on the orange course, Charlie Betts was 4th on the yellow course and Rachel Phillips was unlucky to miss top spot on the white course, finishing just 14 seconds behind the winner.

Thanks go to Peter Entwistle for organising the event and to Dick Rae who was the planner and planned some interesting courses, making use of the forested and heath land areas to give variety.

British Championships

Keith Ellis

Berkshire Orienteers were well represented at the British Championships held at Cannock Chase over the weekend of 1st and 2nd May with eighteen runners.

The weather was perfect for orienteering, being sunny but not too hot. The courses were set among the hills of Cannock Chase which tested stamina with some steep slopes to contend with. There was also a tricky area of pits in which many competitors were found circling for varying degrees of time.

As with all major championships, competitors took part in five year age bands with short and long courses. Leading the way for the club was Bryce Gibson who followed up his victory at the major JK championships over Easter with victory in the M70S class.

Ian Cooper followed his impressive fourth place at the JK championships with second place in the highly competitive M65L class. Other top ten finishes were achieved by Peter Bennett (M70L) and Denise Harper (W60S).

On the second day of the championships, Berkshire Orienteers fielded a team in the M50+ relay event which finished 22nd with Ken Ricketts, Dick Rae and David Jukes competing for the club.

British Sprint Championships

Keith Ellis

Members of Berkshire Orienteers participated in the British Sprint Championships at HMS Sultan on Sunday with HMS Sultan being a Royal Navy marine engineering training establishment in Gosport, Hampshire.

The sprint championships consisted of two races for which competitors' times were added to give a total event time. Sprint orienteering provides a different challenge to other forms of the sport which are usually held in forests and heath land. The site for this event consisted of offices, hangers, residential accommodation, small wooded areas and two Palmerston Forts.



As with other major events competitors raced in age groups. The star performer for BKO was Keith McCarthy who won the bronze medal in the M35 class, albeit on this occasion he was wearing his RAFO colours. Other creditable performances included Neil Frankum who finished 8th in the M40 group with Catharine Springett and Peter Bennett also finishing 8th in the W50 and M70 classes respectively.

Others finishing in the top ten were David Jukes who finished 10th in the M50 class, Bryce Gibson who was 9th in the M70 group and Katy Stubbs who finished 9th in the W50 class.



Neil Frankum and Nigel Hoult (both of BKO) chatting to former BKO member, Richard Baldwin (now of SN).

Saturdays

Anne and Reg Parker

The last Saturday event of the 2009/2010 season took place at Rushall on 8th May in very pleasant weather.

These events have now been running for at least 7 years, and started when Denise Harper wished to do some sort of follow up to work she had been doing to encourage schools orienteering in West Berks. The earliest result we can find are for an event at Burghfield in October 2003. This is etched on our memories. About 12 youngsters turned up, on a most atrocious day with more or less continual rain! They did a total of 8 “runs”, 5 white and 3 orange! We seem to remember that they were very cheerful!!

After that things could only improve!! The recent event at Upper Star Posts on 28th April had about 150 “runs” and no rain!! It is indeed very rare for us to get less than say 60 nowadays.



Anne and Reg Parker

During the years a few things have changed. We now have not only Emit but also Emit-lite. No more control cards to be taken home and checked. A punching start so no start sheets with allocated start time. A punching finish so no noting when each competitor has finished on another sheet. No working out how long they had taken and whether they had the right controls in the right order!!

Other things that have changed have been the increase in events to the

present 9 or 10, and the recent introduction of a blue course where

appropriate. The website helps us advertise our events, and we have a fair number of people who come along to try it. The original aim of schoolchildren has expanded; we get the full range from 5 to 75.

One thing that has not changed has been the entry fees, which have always been £3 senior and £1 junior. Hopefully this can continue although this depends a bit on the levy to BOF. Since there are few expenses apart from maps and relatively small land charges we normally make a profit which can be used to buy equipment we may need and some additional advertising material.

This is all made possible by a small team who organise and run these events these events with a minimum of fuss. We have enjoyed being part of this team. Although we are described as organisers our main task has been to keep the equipment, print a few forms when needed and remind the “gang” of the next event.

However we are retiring, and Glen and Di Wass are taking over. They are long standing members of the team and Glen has also done the computing side. They are also very good at putting the tent up!!

We know you will give Glen and Di the same support in the future as you have given us . If you are not on the list of Saturday helpers and think you could do the odd Saturday please contact the Wassess at wassworld@btinternet.com.

Finally our thanks to everyone who has helped us in the past, it's been fun!

And many thanks to Anne and Reg from all in BKO for your hard work to make the Saturday events the success that they have been.

Summer Parks Challenge

Keith Ellis

At the time of writing three of the four Summer Parks Challenge events have taken place with the fourth due on 4th July at Ashenbury Park and Woodley Airfield estate.

David Jukes has masterminded the series of events with planning support from Liz and Alan Yeadon and Ken Ricketts and a faithful band of BKO helpers to ensure that the series was a success.

Some hot weather and an interesting setting brought 137 competitors to the first event at Whiteknights campus, University of Reading but with temperatures reaching 28 degrees the running was hard work. Five courses were on offer ranging from the 1.4km white course for juniors to the senior challenge 6.1km course.



Peter Bennett in action at Whiteknights

in August and was using the Berkshire Orienteers event as part of her training.

The senior challenge was dominated by the British Army Orienteering club who took the first four places. This included Sarah Rollins, who was the first woman home in 3rd place. Sarah is Britain's leading female sprint orienteer having won the top two events of the year, the JK championships at Easter and the British Championships. Sarah will be competing for Great

Britain in the world championships in Norway

The top Berkshire orienteer in the senior challenge was Alan Phillips in 24th. The best performances among other Berkshire Orienteers were Katherine Phillips who was 3rd

on the yellow course, Sue Parker who was 7th on the light green course and Alan Springett who finished 2nd on the short senior course.

The second event was held at Cantley Park in Wokingham and again sunny weather helped to make the event a success with some entrants participating in orienteering for the first time and strong attendance from local school students. There was a choice of five courses to ensure that there was a course to suit everyone's fitness and experience.

The best performances from host club members included Richard Spearman finishing third in the medium course closely followed by Peter Bennett in 4th, with Simon Thomas finishing 12th on the long course. Ken Ricketts planned the course and commented that despite the small area, he still managed to include enough challenge to catch out a normally excellent orienteer.

The third event was at Dinton Pastures and while the weather was not as hot as for the previous two events and the attendance was lower with 37 people participating, probably due to the relatively short length of courses available and that a SCOA event was on the following day. However some orienteering first timers attended which was a key aim of the events.

The top BKO performances at Dinton Pastures were from Charlie Betts (M8) on the short course and David Palmer who was 2nd and Ken Ricketts who was 6th on the Long course.

All in all a successful series of events with a good attendance and the chance to attract some new faces to our events. The challenge is now to convert the attendance into membership.



A competitor finishing at Whiteknights

British Orienteering Participation Clubs 2011 – Is this the future for BKO?

Denise Harper

A major part of British Orienteering's Whole Sport Plan is to increase participation, and a major method of trying to do this is to encourage clubs to consider establishing regular 'club nights' at a fixed venue. These deliver frequent, local orienteering activities to both existing club members and newcomers to the sport. The hope is that by having a club base and regular meetings, we could encourage more newcomers who are used to this arrangement with most other sports.

Along with other clubs, BKO has been asked if this is something we might consider. The committee have discussed this, and the consensus was that before we make any decisions, we should ask you, the members, to what extent you would support this initiative.

Choice of venue is important, and as we have developed very strong links in Bracknell, both with schools, and increasingly, the wider community, we feel this would be the best base as it is fairly central within our area, and of course includes many of our orienteering areas. Some of us have been running after school clubs in Bracknell, and the supporting Schools Sport Partnership has made it clear that this is an initiative they would love to see and would support, as the next logical step in the orienteering participation pathway.

Types of Activities which might be included:

- Fitness sessions
- Street/Park orienteering
- Runs
- Indoor technique training
- Volunteer workshops
- Indoor 'fun' activities
- Instruction – e.g. mapping/route gadget etc.
- Social.

Ideal Venue

- Large room/sports hall for activities.
- Toilets/social area
- Adjacent to suitable terrain – e.g. park/ area suitable for street O
- Preferably refreshments – bar/café available or close by.

Personnel.

- Obviously coaches/helpers would be needed to run these sessions.
- Enough volunteers would be required to ensure that the burden does not fall on any one person to organise sessions too frequently.
- BKO would therefore ideally need to increase number of coaches/volunteers.

BKO Members Response.

The committee would like to know whether or not:

- You are interested in BKO supporting this initiative.
- You would be interested/likely to attend club nights
 - a. Regularly b. Sometimes c. Never
- You would consider helping/volunteering at club nights.
- If so how frequently and in what capacity.

Please email your thoughts toor speak to any member of the committee if you have a view one way or the other, to enable the committee to gauge what level of interest there is amongst the membership for this. It is a big commitment, and not one to be undertaken without some indication that there is potentially enough support within the club to make this a viable project.

Launch of Extended Permanent orienteering course at Lily Hill Park

Denise Harper

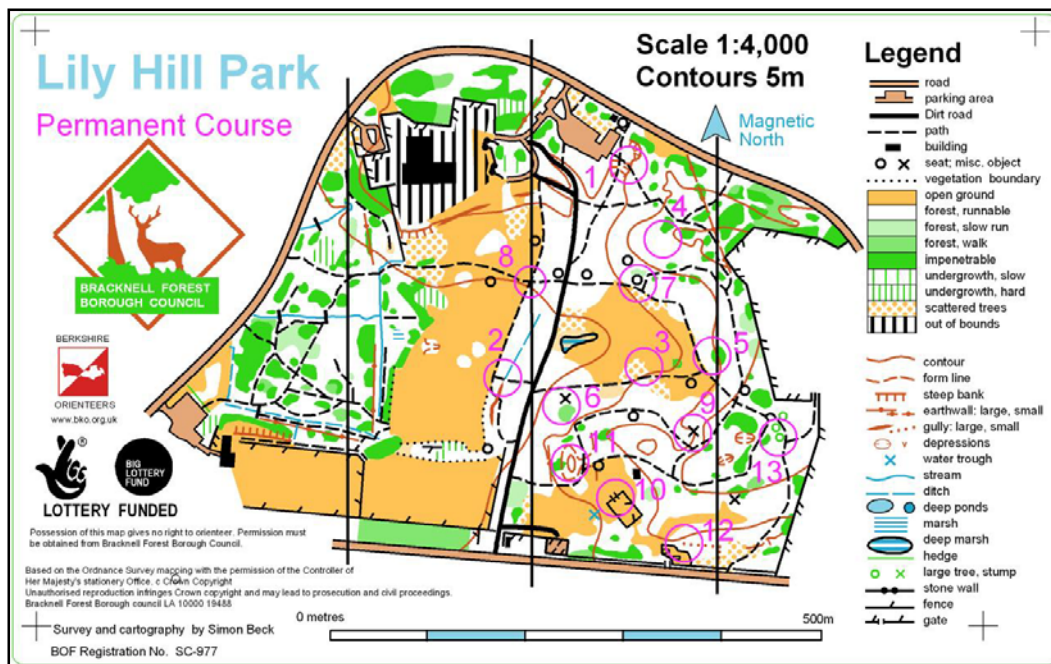
Some years ago, as part of BKO's joint initiative with Bracknell Forest BC, Lily Hill Park was mapped, and the first part of the permanent orienteering course (POC) was installed. It has been very popular with school groups and individuals, and now that restoration work on the West side of the park has been completed, 7 more permanent posts have been installed, to make 20 in all.

It is now planned to hold an official launch 'event' on the afternoon of **Wednesday, August 4th**. This will be advertised by the Bracknell Forest Rangers and will consist of a 'turn up and go' session for any-one who wants to try it.

I would be grateful for help from any BKO members who would like to be present just to offer advice to newcomers, and show them how to get started. I don't think we will need huge numbers of helpers, but of course it's very difficult to predict how busy we'll be, as this event is during school holidays, so it might appeal to a number of families looking for an activity.

We will be based near the usual car park at the Northern end of the park off Lily Hill Road. Times TBC, probably 2 - 4 pm.

If you can let me know whether you'll be attending that would be appreciated, but if you don't yet know, then just turn up on the day.



The original map

Know your club members

Dan Straka

Age: Already 43. Time is just flying... When you reach certain age we usually divide it by 2 in Czech. Taking this formula into account I will be 22 in the autumn and my wife Lenka is 21. It may seem like our daughters are not so much younger – Andy is 19 and Susan is 17.

Clubs: couple of Czech clubs, interesting to mention just the last one “SK Kamenice” which I have been member since I returned to orienteering after the gap at university. Some of you may have met some members of this club at JK this year. For the second time I organized orienteering week in UK for Czech orienteers. Second day after moving to UK I met wonderful people like Dave Rogers and Tim Booth who kindly accepted our daughters to SCOA. Then it was just very short step to BKO.

Hometown: For last couple of years it's not a hometown but the home village – Burghfield Common. There are two main reasons we settled here: The primary one of course is that the village is on the orienteering map and enclosed with forest, the second one is there is very good secondary school here. Before moving to UK we lived in a small village as well but the village was already consumed by Prague city. Lenka has never accepted being Prague citizen as she is originally from South Bohemia.

Achievements: I can't quite recall any real achievement in classic orienteering. But regarding to sport I value two results. Second place in world championship in rogaining in Arizona 2004 (rogaining is 24-hour mountain orienteering race) and progressing to World final from UK Challenge (adventure team race) last year. The value was not the sport achievement as such but forming the magnet team of people with

almost zero outdoor experience and watching steep improvement curve in few months. (I posted the article about this event last year).

When did I start orienteering? I remember it very well. I was 10 and I was absolutely frightened of orienteering. Our club of boy's scouts was transformed into orienteering and I was sent into the forest scared of compass and map. I got lost without finding single kite and been found by organizers couple hours after the event finished.

Other interests: That's a problem why I visit orienteering events so rarely...Except of orienteering I love also cycling, canoeing (but not on the still water) which can all be easily combined in adventure racing which is taking some of my time. Then hill walking (or hill running) combined with camping, sailing (unfortunately very rarely), travelling and exploring new places which has been in last few years mostly focused to England, Wales, Scotland and Ireland.

Employment: I work as an escalation engineer for Microsoft. I like Windows bugs and I am searching for them. But believe me or not there are not that many comparing to other pieces of software which run on Windows.

What training do you do: If you are asking if I have got any training plan or if I do train regularly the answer is not. I cycle to work daily and go occasionally for a run, sometimes for a longer one - around 12 miles or so.

What is the best thing about orienteering: There is a couple of best things about orienteering but probably the best BEST one is that orienteering is family sport. It can be done from 3 years of the age till 80 or more. It's quite common that three family generations go to the same event together. The other one is that a playground is always different...

What is the worst thing about orienteering: There are so many interesting orienteering events and you have to give a miss to the most of these...

Most memorable run and biggest goof: Surprisingly what I remember the most happened long time ago when I was a boy. In a good race when I was attacking the control in the thicket I was attacked and chased by the herd of hogs instead. I lost the map and compass and ran away...not sure how I got to the finish...

Orienteering ambition: Just enjoy... No, I don't have any specific ambitions (at least not at the moment). I would like to run Scottish 6-days in Scottish mountains, Swiss 5-days in Alps, I would like to try orienteering in Australia... and I could continue... It's more about the places and the people you are with, not about the results.

What have you done that others might not have/Claim to fame: Well, I think here is something which vast majority (I mean all) have not done and I and my wife did. We were married on April Fool's day as an April Fool's joke. I hope she does not mind I shared it with you all here. We had eight days to organize the real wedding since we and all other friends and relatives had received the fake wedding card sent out by my very good friend who was on response invited as my best man....

The Single Scale Ranking System – some information and some (personal) views.

Alan Springett

According to Appendix K of the British Orienteering Federation Rules “the aim of the computerised British Orienteering ranking scheme is to rank all regular and competent orienteers in order of orienteering ability. The hope is that this will spur the spirit of competition, thereby helping to raise both navigational and fitness standards. The Ranking list may also be used for International selection purposes as well as for seeding competitors at major events”.

How often do you look at the ranking list? Eagerly every Thursday morning when it receives its weekly update, or not at all? Does the ranking list fulfil its hope and make you feel more competitive and motivated to improve your orienteering and fitness? Did you know that a new ranking system was introduced several months ago which is fundamentally different from the old one. Do you care at all about how you compare to other orienteers?

You may or may not care. But, judging by the exchanges on Nopesport and elsewhere about the new ranking system, a lot of orienteers certainly do! My main reaction to all of the debate is sympathy for those charged with designing something that is predestined to fail to satisfy everybody. The only reasonable way to judge the system is against its declared aims and aspirations – which, of course one may not agree but they are nonetheless formally adopted by the federation of which we are part.

You can find the current ranking list at:

<http://www.britishorienteering.org.uk/event/ranking.php> and, just like it says on the tin, what you will find is a list of all 4,829 orienteers who have participated in at least one ranking event starting with Oli Johnson at the top with 8,341 points and running through to.....but, no, it would be ungentlemanly to say who is 4,829th with 16 points. Suffice it to say that it is not a BKO member.....although BKO does have more members in the bottom 25 (3) than they do in the top 25 (0)! But the 3 are all newcomers with only one ranking event to their credit and will move up the list as they take part in more ranking events – your best six ranking scores in a rolling 12 month period are added together to give your total ranking points and determine your position in the list.

These facts highlight the key feature of the new ranking system, namely that it is a single scale and is not, unlike its predecessor, split into age classes or by gender. However, the ranking list page on the British Orienteering web site allows you to filter the list by the familiar 5 year age bands and by gender and also by club. So it is an easy matter, for example, to view a list of all M60 runners in BKO (8 of us).

What the new system does not do, is reflect any distinction between competitors who run long or short course. This is because ranking points for an event are calculated using all of the runners (with provisions in the calculation to avoid outliers distorting the results) on a particular course regardless of their age or gender. So if I run a green course – which is the generally recognised course equating to M60(S) – the ranking point calculation will award me points on the same basis as those awarded to a W40 who had also chosen to run green. This makes it possible for competitors to chop and change between courses and still earn ranking points which is consistent with the wish

of the system designers to make it as inclusive as possible and also avoids the statistical glitches that come with trying to rank the small numbers competing in some age groups at some events.

However, from gossiping at events and browsing Nopesport, it appears that many people, myself included, regret the passing of a ranking system where it as possible to assess your performance against that of your peer group in terms of both age and course length. I find it mildly interesting in an academic sort of way to know that there are 1,505 orienteers to get past before I am any threat to Ollie Johnson, but I do not find it any spur to my ‘spirit of competition’ and I am absolutely certain that Ollie does not lie awake at night worrying about me catching him up in the rankings! It’s more interesting and inspiring to know that I am 131st in a list of 371 M60’s, but even that is still a bit impersonal.

The results from all national (Level 1) events and all regional (Level 2) events that are not night events, relay, score and other mass start events are included in the Single Scale Ranking Scheme. The scheme includes relevant urban events. International Events are excluded from the scheme. Currently only local (Level 3) events are outside the scheme. However, one subject for debate at the moment is what events will be included when the sport reverts to four tier event structure next year. On the one hand, only including events in the new Levels 1 and 2 would ensure the maximum degree of quality and consistency between events which contribute to the ranking scheme, while on the other excluding events at the new Level 3 would reduce overall participation in the scheme and run counter to the wish for inclusivity. But the new Levels are yet to be fully defined so this debate has a way to run yet!

At present the scheme also has a lower age cut off which means that orienteers under the age of 18 are not included, but this decision is under review.

There are 76 BKO orienteers in the ranking list – a point of some interest in itself as it indicates that nearly half of the 140 or so club members aged 18 or over only compete in local events. Of the 76, 29 competitors have a ranking score based on the maximum 6 events. The five highest ranked males and females are:

Club Position	Single Scale Ranking List Position*	Name	Ranking Points
<u>Male</u>			
1.	392	Ian Cooper	7104
2.	583	Simon Turton	6872
3.	618	David Jukes	6832
4.	784	Stefan Stasiuk	6663
5.	786	Keith McCarthy	6659
<u>Female</u>			
1.	1845	Catherine Springett	5557
2.	2219	Katy Stubbs	4999
3.	2282	Janet Gibson	4907
4.	2409	Sally Collins	4705
5.	2453	Lenka Straka	4637

The data in this table, and throughout this article, is taken from the ranking list as at 21st June 2010. And that highlights another point about the ranking system as it stands at present – it is new and was kick-started with data from the old ranking system. Because it is new it will need to be subject to tweaks to improve its accuracy and functionality and because it is still being populated with new data there can be large weekly swings in individual scores, but these will settle out over time.

Giving it time is probably the answer. I still hanker after the old system where I could look at my performance against that of a reasonably small group of peers, most of whom I knew. That was a far more effective spur to be competitive than the more impersonal new list. But I happily acknowledge that the new system, which is always kept up to date, which the old one was not, has its merits. And as I said at the outset, those who had the idea of coming up with a new ranking system were never going to please everyone!

BKO E-mail Group

Please note there is a very useful BKO members e-mail group. To join the group you have to ask to subscribe to the group by e-mail to bko-mailing-list@bko.org.uk

Any message to this one address goes automatically to all current members of that group. You can leave the group by sending a message to that address that you wish to unsubscribe.

If you have changed your e-mail address or if the Club does not have your e-mail address then please send details to either:

Alan Springett, Membership Secretary (membership@bko.org.uk), or to David Jukes, BKO Secretary (secretary@bko.org.uk).

Who needs to improve their orienteering?

Most of us could do with improving our orienteering skills and so some coaching weekends being arranged by the army may be just what we need. The British Army Orienteering Club (BAOC) are arranging three performance coaching weekends at Windmill Hill and Mytchett & Bramshott Heath. The events will be held during the weekends of 10th/11th July, 4th/5th September and 30th/31st October.

Colin Dickson and Dave Rollins will be the coaches for the weekends and the cost will be £20 for one day or £40 for two. The only entry requirement is that participants must be able to orienteer at light green standard or above.

For more information contact Colin Dickson on 01276 412421, email s02g7trgprog@rmas.mod.uk or dicksonc44@hotmail.com.

Summer evening events

There is one summer training event remaining plus the club bbq so why not take advantage of the remaining evenings before the summer break?

Registration is 6.30 pm - 7.30 pm (beginners 6.30 - 7pm please), with courses closing at 8pm. Controls will gradually be removed starting at 7.30 pm onwards. The courses are normally a series of loops, with one loop being of orange standard, giving a series of short races which we hope will give a challenge to all.

Date	Location	GR	Activity
14 th July	Star Posts	SU 876662 (The LookOut)	(Pub - Golden Retriever SU 854660)
21 st July	Dinton Pastures (Come and eat even if you don't want to exercise! Food around 8 – 8.15pm at Katy Stubb's House)	SU 786718 (Park at Dinton Pastures Main Car Park – you may need to pay)	BKO BarBQ Quiz O? Bring your trainers and running/walking gear and be prepared to use your mind!! + Social Event - BarBQ or some such.

Club Kit

The Berkshire Orienteers club O-top comes in long and short-sleeved versions and **still** comes at a subsidised price of £20. Please give Sue Wilkes a call on 01635-522-356 and she will be able to get you kitted up.

Your committee members:

Chairman: Katy Stubbs Tel: 0118-978-2875 katystubbs@f2s.com

Secretary: David Jukes Tel: (0118-969-2514) David@jukesark.fsnet.co.uk

Treasurer: Peter Entwistle Tel: 01628-635278 peterentwistle@btinternet.com

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SCOA League

The league finished at Chawton on 20th June with a number of BKO members finishing well up the league. In particular, well done to the Jefferies family who performed well on the shorter courses and to Peter Bennett who achieved second place in the competitive green league.

Following are the six leading runners for each colour-coded course. For the full results see the SCOA website <http://www.scoa-orienteing.org.uk/>

WHITE

Position	Name	Class	Club	E01	E02	E03	E04	E05	E06	E07	E08	E09	E10	Total
1	T Watkins	M10	BADO	-	-	-	-	100	-	-	-	-	99	199
2	J Jefferies	W45	BKO	-	-	100	-	-	-	-	-	-	85	185
= 3	B Watkins	M10	BADO	-	-	-	-	-	-	-	-	-	100	100
= 3	L Edwards	W5	SN	-	100	-	-	-	-	-	-	-	-	100
= 3	E Kippin	W10	TVOC	-	-	-	-	-	100	-	-	-	-	100
= 3	R Phillips	W12	BKO	-	-	-	-	-	-	-	100	-	-	100
= 3	J Cunnane	M5	TVOC	-	-	-	-	-	-	-	-	100	-	100

YELLOW

Position	Name	Class	Club	E01	E02	E03	E04	E05	E06	E07	E08	E09	E10	Total
1	S Costley	M10	SOC	-	-	94	100	-	-	-	-	-	100	294
2	W Jefferies	M12	BKO	-	67	97	-	-	-	-	-	-	82	246
3	M Averill	M12	BAOC	-	93	-	-	-	-	-	95	-	-	188
4	P Dickin	W10	SOC	-	-	-	62	100	-	-	-	-	-	162
= 5	M Kaucka	W35	SOC	100	-	-	-	-	-	-	-	-	-	100
= 5	R Hoff	M10	BAOC	-	100	-	-	-	-	-	-	-	-	100
= 5	J Morgan	M12	SOC	-	-	100	-	-	-	-	-	-	-	100
= 5	B Kippin	W10	TVOC	-	-	-	-	-	100	-	-	-	-	100

ORANGE

Position	Name	Class	Club	E01	E02	E03	E04	E05	E06	E07	E08	E09	E10	Total
1	P Jefferies	W14	BKO	-	86	76	-	-	-	-	-	-	80	242
2	F Bunn	W10	TVOC	-	100	-	-	-	-	-	100	-	-	200
3	L White	W12	SARUM	-	85	-	-	-	-	97	-	-	-	182
4	J Dickin	W10	SOC	-	-	-	70	85	-	-	-	-	-	155
5	W Smith	W35	SOC	-	79	-	68	-	-	-	-	-	-	147
6	D Baker	M75	TVOC	-	-	67	-	74	-	-	-	-	-	141

LIGHT GREEN

Position	Name	Class	Club	E01	E02	E03	E04	E05	E06	E07	E08	E09	E10	Total
1	Y Hodson	W60	TVOC	83	82	78	100	97	-	100	86	92	-	558
2	B Watkins	M75	TVOC	-	67	72	-	84	80	-	71	75	-	449
3	M Thompson	W70	TVOC	82	68	68	92	79	-	-	-	-	40	429
4	J Hambleton	W65	SARUM	86	-	-	92	96	-	-	-	-	78	352
5	A Dawson	M50	SARUM	-	-	-	65	65	48	-	59	-	52	289
6	J Oakley	M14	TVOC	-	-	45	-	84	66	-	70	-	-	265

GREEN

Position	Name	Class	Club	E01	E02	E03	E04	E05	E06	E07	E08	E09	E10	Total
1	A MacGregor	M65	BADO	95	84	86	93	100	87	98	-	90	92	568
2	P Bennett	M65	BKO	-	77	-	-	86	75	89	-	89	78	494
3	J Thompson	M70	TVOC	84	79	76	85	83	-	-	-	86	76	493
4	J Farren	M70	TVOC	76	68	74	-	81	58	70	77	44	80	458
5	P Hambleton	M65	SARUM	88	-	-	75	97	-	100	-	-	93	453
6	G Thomlinson	W60	SOC	70	-	56	-	78	55	78	77	-	64	423

BLUE

Position	Name	Class	Club	E01	E02	E03	E04	E05	E06	E07	E08	E09	E10	Total
1	R Smith	M55	SOC	89	-	85	94	96	95	100	88	-	83	562
2	D Watkins	M50	BADO	83	83	87	91	-	-	-	-	89	87	520
3	T Ludford	M60	BADO	-	81	83	88	83	-	-	79	91	82	508
4	K Ellis	M40	BKO	-	-	74	89	81	76	83	79	62	73	482
5	T Sands	M55	BAOC	98	-	90	-	100	94	-	92	-	-	474
6	K Ricketts	M55	BKO	-	-	-	85	82	67	87	80	67	65	468

BROWN

Position	Name	Class	Club	E01	E02	E03	E04	E05	E06	E07	E08	E09	E10	Total
1	S Massey	M21	SOC	95	93	95	100	100	-	90	-	-	-	573
2	M Frizzell	M50	BADO	-	75	83	86	75	89	-	72	80	76	489
3	P Smith	M40	SOC	82	70	82	88	-	-	-	83	-	80	485
4	C Blackford	M40	BADO	83	83	92	-	-	-	98	90	-	-	446
5	P Jones	M50	SN	-	-	87	-	86	-	87	93	-	89	442
6	S Turton	M40	BKO	-	66	-	81	-	-	92	85	82	-	406

To help you keep your diary free for next season's events, here is an early view of the events known so far:

Event	Venue	Date	Club
E01	Acres Down	12-Sep-2010	SOC
E02	Upper Star Posts	10-Oct-2010	BKO
E03	Bentley and Fritham	05-Dec-2010	SOC
E04	Wendover	19-Dec-2010	TVOC
E05	TBC	09-Jan-2011	SOC
E06	TBC	15-May-2011	BKO
E07	TBC	22-May-2011	TVOC
E08	TBC	12-Jun-2011	BADO

BKO in the news**Keith Ellis**

I started in the role of Publicity Officer for BKO after my first committee meeting in March and with the committee we agreed three key objectives:

- To increase the membership of the club.
- To increase participation among members of BKO:
 - Taking part in events

- Organising events
- To increase participation at BKO events

I have been concentrating on a few key activities initially to work towards our goals:

- Compiling the club newsletter regularly and use to publicise all events and encourage participation in the management of events.
- Ensuring that BKO events (Regional and above) include a publicity plan.
- Publicising our events on free websites Those which topped the google searches and that I have used so far are:
 - www.therunningbug.co.uk
 - www.runnersworld.co.uk
 - www.wherewego.com
- Establishing regular publishing of club results and details of local events in local newspapers.



There is some evidence that the websites are proving useful with a number of participants at the Summer Parks Challenge referring to our event notices. We have also seen a large number of independents at our events and so or challenge is now to convert this interest into club membership.

Everyone can help here, if you know someone who may be interested, try to encourage them to try orienteering and to join the club. It's early days but we have obtained a number of insertions in the sports pages of the Wokingham Times, Bracknell Times and Bracknell News with many club members receiving mention. Keep your eyes on the local press and you may see your name in lights

Event officials urgently needed

Katy Stubbs

BKO have a number of events coming up which need organisers. In the recent past committee members have often taken on these roles when we haven't been able to find volunteers, but this has led to a disproportionate load on these members.

So we are looking to experienced or less experienced organisers to help out – don't forget, if we don't get the officials, you don't get the events.

- 10 October 2010 Star Posts SCOA league event. This is an easy area to organise on, you don't need to worry about finding car parking, only one owner to deal with and this is sorted by BKO fixtures. The experienced planner is Neil Frankum. It may be an Yvette Trophy event but this side of the organisation can be taken on by someone else for you.
- 1 January 2011, Whitenights, New years Day Score (proposed). Again an easy area to organise on as the access arrangements will be mainly sorted out for you by the experienced planner David Jukes.
- 30 January 2011, Barossa, Concorde Chase. Not a difficult event to arrange, again the parking etc will be sorted out in conjunction with the land permission. We have professional pre-entries done for us, so this is not much more difficult than a SCOA league event. Again the planner has done this before – Martin Wilson, so you have no worries there.

Budding planners – why not try a Saturday event? We have these regularly during the year, they only have 3 or 4 courses and we can offer advice to newcomers.

So please think about what you could do for the club, we all need you. Replies to katy.stubbs@bko.org.uk or if you want more information you can call me on 0118 9782875.

Newsletter contributions

Your help is needed to keep the newsletter interesting and varied. Articles, maps and photos are welcome whether this is a report for an event, a view about an orienteering issue or ideas for the club development. Also, if you would be prepared to feature in a "Know your club members" feature, feel free to volunteer.

If you have ventured to participate in orienteering in an unusual or far way place this summer, we would be interested to hear your story, do send in your report and photos.

We publish newsletters every two months with the next copy deadline being the end of August although earlier submission of contributions is helpful .

The newsletter is an important means of keeping everyone in touch with club news, if you have anything that you would like to contribute, please contact Keith Ellis

Know your BKO venues – Cantley Park - venue for the Summer Parks challenge

