

BKO NEWSLETTER



Welcome back to the Berkshire Orienteers Newsletter!

It's been a while since our last one and there's been a few changes as you might notice! After many years of exceptional issues, former editor David Jukes handed the reigns back, kitted up and has been out on the Trail-O and taking pictures, including the one above of the new SIAC control!

So we have a new beginning! Hi, I'm Rob. You might have seen me at a few events over the past year. I've not been orienteering for very long, a year and a half now, but I have been well and truly bitten by the bug, and hope some of my enthusiasm shows through in this new, albeit fairly small, issue.

I'm going to try and follow in David's footsteps and mirror to some degree the style and content of his years of award-winning editing (hopefully with a fraction of the success!), and to that end I'd like to put the call out to you all.

If you have any articles you'd like to contribute, photos from events or activities, stories of getting hopelessly lost or achieving your best results, or any hints, tips, advice, or product reviews, let me know or send them in to newsletter@bko.org.uk

So, here we go, off into the unknown, much like an early start time in the New Forest!

Rob Mullens



Cover photo of new SIAC courtesy of David Jukes



Berkshire Orienteers
The Orienteering Club for Berkshire and Surrounding Areas

BKO SUMMER PARKS EVENT – WOOSEHILL

19TH AUGUST 2023

Our first event using our new SIAC timing!

This summer hasn't been the greatest, weather wise, but we were fortunate to have a pleasant morning for a few BKO firsts – the first run on a newly mapped area thanks to Katy's mapping and course planning, the first run out for the new SIAC's, and all organized by Lynne Moore running her first event!



From a casual helper and runners' point of view everything seemed to go well, good parking, assembly and start, SIAC demonstration for newcomers and those not familiar with it, smooth download and some challenging courses with a good amount of route choices available – if you haven't already take a look at the Routegadget tracks to see the different choices made, especially on the long course between 8 and 9! Link here -

<https://www.bko.routegadget.co.uk/rg2/#170>

We had 44 participants tackle the courses, including a few newcomers amongst the experienced regulars, and everyone got round their courses with no apparent issues and no outliers. We hope everyone enjoyed their run!

A big thank you to Lynne for organizing, Katy Stubbs for mapping and planning, and all the volunteers – car parking and start officials to control collecting and packing up – your help is as always very appreciated!

Short (length 2.1km, climb 25m, 8 controls)

1	Serena Ludford	BADO W55	16:21
2	Tony Ludford	BADO M75	21:09
3	Andy Macgregor	BAOC M80	22:22
4	Peter Entwistle	BKO M70	27:06
5	Gill Bennett	BKO W80	29:16

Medium (length 4.8km, climb 40m, 12 controls)

1=	Jon Steed	BADO M60	30:24
1=	Eddie Walsh	BKO M55	30:24
3	Adam Light	M21	31:25
4	Joe House	SO M65	31:57
5	Adrian Schofield	M50	34:45
6	Nicola Mort	W35	36:53
7	Mark Foxwell	BKO M55	39:03
8	Christine Artus	BKO W70	40:20
9	Jane Blackford	BADO W50	40:52
10	Susan Parker	BKO W60	45:24
11	Brian Sewell	BKO M65	46:16
12	Denise Harper	BKO W70	46:43
13	James and Freya Gibbs	IND FAMILY	50:22
14	Catherine Springett	BKO W65	50:27
15	Gill Sharp	SN W65	51:11
16	Jane Light	W55	52:40
17	Jim Munday	BKO M80	54:28
18	Richard Rae	BKO M75	56:51
19	Brian Burt	BKO M60	59:20
mp	David Jukes	BKO M70	49:48 Missing no 3

Results

Split times available on the BKO website at...

<http://www.bko.org.uk/node/1363/splits>

Long (length 6.9km, climb 65m, 16 controls)

1	Michael Krajewski	SN M40	34:05
2	Paul Martin	SN M55	38:42
3	Paul Fox	SN M60	39:29
4	Keith Belsey	SN M55	41:45
5	Cameron Lamond	SN M50	41:48
6	Patrick Laloyaux	BKO M35	45:49
7	Simon Moore	BKO M60	46:01
8	Alan Phillips	BKO M60	47:24
9	Craig Blackford	BADO M55	47:46
10	Trish Monks	BKO W45	48:12
11	Rachel Phillips	CUOC W21	48:18
12	Georgi Gospodinov	BKO M55	50:13
13	Jon Vaughan	BKO M45	54:07
14	Derick Mercer	BKO M55	55:19
15	Rob Mullens	BKO M45	57:25
16	Neil Frankum	BKO M50	58:20
17	Terence Hosking	BKO M55	60:57
18	Fiona Clough	BKO W60	63:18

BRITISH SPRINT RELAYS – BRUNEL UNIVERSITY

UXBRIDGE – 17TH SEPTEMBER 2023

Following on from a decent showing in the long-distance relays at Hambleden in March, BKO members took the opportunity of having the event staged fairly close to home and made the short trip along the M4 to the edge of London to team up again for the British Sprint Relay Championships, (and for some a chance to revisit some old haunts!), at Brunel University.

A fantastic turnout from home and abroad saw 151 teams, over 450 participants, compete in a great atmosphere – and most of us escaped before the heavens opened!



BKO had 7 teams across 4 categories – **Elite**, **Super Vet**, **Ultra Vet** and **Ad Hoc** – and everyone got round with no missed punches!

BKOncorde - Amelia, Adam, Dimitar and Gaia - finished 5th in the **Elite**, with *BKOcktails* Katrin, John, Bo and Lisa in 12th

BKComposed, Nigel, Denise and Stefan were also 5th in the **Ultra Vets**! In the **Super Vets** *BKComplete* of Simon, Lynne and Derick finished in 7th, whilst *BKCommanders* Georgi, Fiona and Mark were 13th.

And in the **Ad Hoc**, Trish, Eliot and Jon were 22nd as *BKOwick*, and *BKOala* - myself, Katy and Isabella - finished in 27th. Full results - <https://londonorienteeing.co.uk/liveresults/2023/bsrc/>



More pictures from the Sprint relays at the end of the newsletter!

UPCOMING EVENTS

BKO Events

Sun 29/10/2023

Find Your Way event in Prospect Park

**FIND YOUR
WAY PROJECT**

Come and try orienteering at our taster event in Prospect Park, Reading. This is the start of our new collaboration with the BOF Find our Way Project providing an opportunity to show many people the delights of Orienteering!

Sun 19/11/2023



Regional Event – SCOL2 Black Park

Our South Central Orienteering League regional event in Black Park, postponed from last year, volunteer helpers appreciated!

Sat 16/12/2023

Night Event

Star Posts

Bracknell

SCOA / Local Events

Sat 21/10/23

Saturday Series

TVOC



Hodgemoor Woods, Amersham

Sat 28/10/23

Saturday Series

SN



Southwood, Farnborough

Sat 04/11/23

November Classic Urban

BAOC



Winchester

Sun 05/11/23

November Classic & Southern Championships

SOC

Fritham, New Forest

SOC Southampton
Orienteering Club



Berkshire Orienteers

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Sat 25/11/23 Southern NIGHT Championships

BAOC Brunswick Camp, Bisley



Sun 26/11/23 Southern Navigators Trophy National Event

SN Mytchett



Sun 03/12/23  **Regional Event SCOL – 3 BADO**



Blackwood, Basingstoke

Sun 10/12/23  **Chiltern Challenge & SCOA Championships**

TVOC Princes Risborough



Fri 29/12/23  **Regional Event SCOL – 4 SN**



Hogmoor, Bordon

All fixtures correct at time of publication. Check BOF Website for any changes.

NEWS FROM BKO CLUB CAPTAIN

REPORTING SEVERAL NATIONAL JUNIOR COMPETITIONS IN THE LAST MONTHS

At the Junior Inter-Regional Championships (on 23/24 September) the South Central Junior Squad came 6th in the individual races overall 8th including the relays (out of 12 regional squads across the UK). This year Wales were hosting with courses planned and organised by SBOC and SWOC. The first day was the individual competition on Kenfig sand dunes – a highly technical area with dunes running right up to the sea. Two juniors from BKO were competing for SCOA junior squad: Adam Methven was 2nd on M18 behind James Hammond from Scotland and Amelia Wing was 20th on W18 in a hard fought competition. Tommy Rollins (SN) won the M16 course and Duncan Currie (SOC) made an excellent 4th place on M14. So overnight SCOA was in a very strong position.

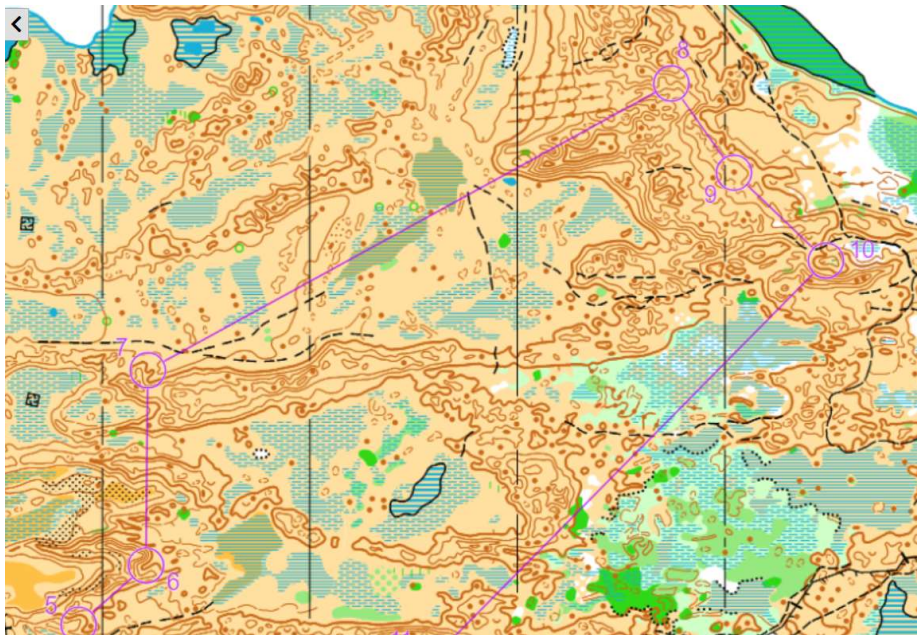
The relays were in a steep woodland at Llantrisant. In JIRCS both the M and W relay teams have mixed age categories: M16/M14/M18 and W16/W14/W18. Unfortunately SCOA had no W14 runners on the team and so could field no competitive girls teams. The squad managed two M teams by Jocie Hilton (SN) running as M18 with her brother Jake Hilton (M14) and Nathan Taylor (M16). They came in 15th place out of the 28 teams who finished. The other team was Tommy Rollins, Duncan Currie and Adam Methven. Following the individual day they were looking to be top contenders against the rival first team from Scotland: Finlay McLuckie, Douglas McDonald and James Hammond. Indeed Adam came into the finish first with a team time of 108 mins 57s, ahead of the Scots by 12 seconds! However, it turned out that both teams had suffered a mispunch and so the Scottish second team won the relay in a time of 111 min 32 secs.

Only a couple of weeks later (7-8 October) saw the Junior Home Internationals, a competition between England, Scotland, Wales and Ireland (a joint team from Northern Ireland and Eire). This year it was hosted by WMOA at Sutton Park near Birmingham. Oddly the individual competition on the Saturday was on the same day as the National Road Relays in the same park! So the orienteers actually crossed paths with the runners on occasion.

The area is wooded in the North with quite a lot of light green areas dominated by holly – quite similar to the west end of Bucklebury. The central area is heathland broken up by gorse areas. Since it was relatively flat, the courses were M18/W18 extended by the planner to aim for winning times of one hour. M18 was an 11.8 km course and was won by James Hammond (sounding familiar?) in a blistering time of 55 mins 23s. Adam Methven was 3rd with a time of 59 mins 58s, only 22s behind Adam Barrie (Scotland).

The relays were in the complex centre of the park with mixed heathland and woodland. It was time for a re-run of the JIRCS relay with Tommy Rollins, Marcus Perry and Adam Methven running for the England first team against Finn Selmer Duguid, Douglas McDonald and James Hammond on the first team for Scotland. This time we were first and also overall England won the competition!

John Methven (BKO Club Captain)



The hardest legs on the M18 course on Kenfig Burrows.

NEWS OF A BKO WIN!

Great news! Martin Wilson has won the HyperVets Class in the UK Urban League 2023!

The last event of the season was in Telford and Martin reports, "A 2nd place bought me level on points with Doug Dickenson (DVO), same as last year, and again I won on a tie break of more head-to-head wins! We only raced each other once, at Lincoln, where I beat Doug, so I get to keep my "brick" award on my sideboard for another 12 months. Plus a £25 vouchers for CompassPoint, the sponsor of the event!

Congratulations Martin!

Elsewhere in the UKUL, Sally Collins finished 8th in the Womens UltraVets and Nigel Hoult was 9th in the Mens UltraVets, whilst Lynne Moore was 13th in the Womens SuperVets as Fiona Clough coming 48th, with Simon Moore 16th and Derick Mercer 27th in the Mens SuperVets. Well done everyone!

GALLERY

Sprint Relays 2023



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