



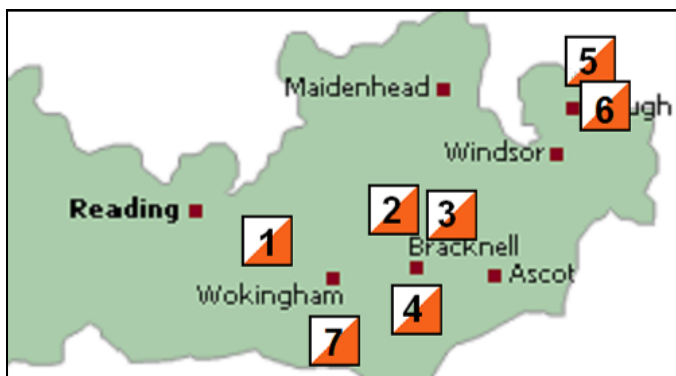
Orienteering is a challenging outdoor adventure sport enjoyed by people of all ages, abilities and backgrounds.



Orienteering

Permanent Orienteering Courses – Berkshire

There are fixed orienteering courses available throughout Great Britain. They are usually designed for beginners but often include difficult options for improving or experienced orienteers. They are a great way to improve your navigation skills, experience orienteering without needing to attend an event or to simply make a walk more interesting. This sheet provides details of the courses within easy reach of Berkshire residents.



4. Upper Star Posts, Bracknell

Used for international competitions, this part of Swinley Forest is Berkshire's top orienteering venue. The permanent course however provides a comprehensive range of courses for all abilities. Maps can be purchased from the Lookout Discovery Centre on the edge of the forest, off the B3430 near its junction with the A322, 1.5 Km South of Bracknell

5. Black Park, Slough

Just over the border into Buckinghamshire but only 4 Km NE of the centre of Slough is Black Park Country Park. Covering a large area, this country park provides very varied terrain with an extensive path network. Maps are available from the Visitor Centre on the South side of the lake and just a short walk from the main car park. Access is from Black Park Road and signed North from the A412 Uxbridge Road.

6. Langley Park, Slough

Also in Buckinghamshire and just to the South of Black Park is the smaller Langley Park Country Park. Maps can be obtained from the Visitor Centre in Black Park (see above), Access is down Billet Lane, signed South from the A412 Uxbridge Road, about 4.5 Km NE of Slough.

7. Ambarrow Court, Sandhurst

This is our latest Permanent Course. Ambarrow Court is a lovely small wood and nature reserve with a simple Orienteering course. It has its own car park, off the A321 Wokingham Rd, Sandhurst. Maps can be downloaded from the Council's website:
<http://www.bracknell-forest.gov.uk/orienteering>

1. Dinton Pastures, Wokingham

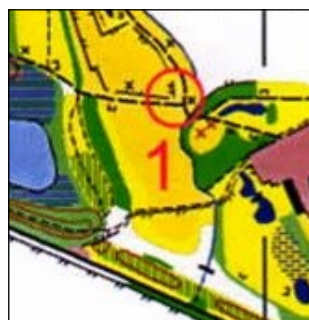
With a selection for beginners and the more adventurous, these courses explore the lakes and riverside areas of this popular country park. Maps can be bought from the Cafe at the main country park car park off the B3030 Winnersh-Hurst road.

2. Pope's Meadow, Bracknell

This compact area provides the ideal introduction for the young novice. The entrance to the Meadow is from Saint Marks Road and signed from B3408, 1km North East of the end of the A329(M). Maps can be downloaded from the Council's website:
<http://www.bracknell-forest.gov.uk/orienteering>

3. Lily Hill Park, Bracknell

Close to the centre of Bracknell, this park offers varied challenges including some steep slopes to tire the unfit! The Park is signed from the A329, 1Km East of Bracknell centre. Maps can be downloaded from the Council's website:
<http://www.bracknell-forest.gov.uk/orienteering>



Berkshire Orienteers

For more details on these courses and other events organised by **Berkshire Orienteers (BKO)**, see the web site at:
<http://www.bko.org.uk/>

For membership details, contact the Membership Secretary at:

membership@bko.org.uk